

HIGH DEFINITION BODY CONTOURING



SurgiSculpt™

TABLE OF CONTENTS

Commitment to Your Individual Goals	3
Did We Mention Collaboration?.....	4
An Artistic 360 Approach to Body Sculpting	5
Advanced State-Of-The-Art Tools	6
Proprietary Protocols to Optimize Surgical Outcomes.....	7
Safety is our highest priority	9
What You Can Expect As a Patient at SurgiSculpt™	10
Why Wait? Book Your Consultation with SurgiSculpt™.....	11
Introduction to High Definition Liposuction (HDL).....	12
VASER Mastery.....	12
Mastery in Renuvion.....	13
Appropriate Patient Selection and Sound Surgical Operative Plan.....	13
HDL Body Scale & Surgical Algorithm	14
Male HDL Body Scale	14
Female HDL Body Scale	15
Table. High Definition Body Scale	15
HDL Body Scale Case Studies.....	17
High Definition Liposuction Preoperative Markings.....	23
Female	23
Male	25
Maximizing Waistline Narrowing.....	26
Ideal Buttock Enhancement.....	30
Buttock Assessment Tool.....	30
Buttock Assessment Tool: Lateral and PA Views.....	31
SCUBA - Safe California Ultrasound Assisted Liposuction.....	31
Superior Harvesting using VASER Technology.....	32
Managing Skin Redundancy.....	32
Conclusion	32
Abdominal Etching.....	39
Back Contouring.....	44
Chin and Neck Contouring.....	48
High Definition Arms.....	51
Optimized Chest Appearance	53
Scarless Skin Tightening	55
Revision of Body Contouring Complications	58
Before and After Gallery: 360 Body Contouring.....	62
Full Spectrum High Definition Liposuction Centers.....	71

COMMITMENT TO YOUR INDIVIDUAL GOALS

SurgiSculpt™ surgeons have extensive experience delivering personalized and exceptional results for our clients.

Our surgeons are committed to:

- Listening keenly to your desires
- Creating customized surgical plans to your specific needs
- Striving to exceed your expectations
- Addressing your concerns throughout your journey in a prompt manner

DID WE MENTION COLLABORATION?

Collaborating with your surgeon is the key to creating and executing your optimal surgical plan. This can only happen when both parties listen to the other and act on the shared vision. No two clients have the same goals.

Appreciating each client's concerns is our surgeons' priority, who will exercise open communication and listen keenly to your goals.

Naturally, patients need their surgeon to be confident and skilled, but they must be reassured that they are also hearing them. Clients that are the happiest with their results report back that they held not only confidence in their surgeon's abilities but also the assurance that their desires were heard and incorporated into their surgical plan.

AN ARTISTIC 360 APPROACH TO BODY SCULPTING

Our SurgiSculpt™ surgeons are pioneers of advanced liposuction technology called HD Lipo 360™ for body sculpting. We understand that there are contour differences for women and men. Our surgeons create the curves that women desire and the physique that men yearn for.

The HD Lipo 360™ approach is a revolutionary technique that allows aesthetic body sculpting in a circumferential manner and unveiling of muscle highlights since our surgeons are able to remove fat more comprehensively and at times selectively than other liposuction methods.

HD stands for “high definition” and describes the gold standard in liposuction using [VASER ultra-sound technology](#). VASER liposuction allows you to achieve transformative contouring results with less pain and bruising than traditional or laser liposuction. The ultrasound technology allows our surgeon to harvest not only more fat but healthier fat from your concern areas and transfer the fat more effectively to desired areas that include:

- Buttock
- Breasts
- Chest and Pecs
- Face
- Hands

The most popular fat transfer procedure today is the Brazilian butt lift or BBL. At SurgiSculpt™, our proprietary High Definition BBL includes "snatching" of the waist, sculpting of the thighs and lower back, and filling in the hip dips and buttock cheeks. The result of the High Definition BBL is a creation of the sculpted feminine curves that women crave. You can go big or modest with your choice!

ADVANCED STATE-OF-THE-ART TOOLS

HD lipo 360™, or 3-dimensional body transformations, are made possible with simultaneous elimination of fat, strategic augmentation with fat transfer, and reduction of skin redundancy. HD lipo 360 is made a reality by utilizing advanced state-of-the-art tools:

- VASER ultrasound liposuction
- Renuvion J plasma scarless skin tightening
- Closed-loop, sterile fat grafting canister
- Highest grade medical sutures ([PDS suture](#))
- The Umbilicator™ (ensures a natural-looking and well-placed navel)
- Proprietary aromatic muscle highlight preservation lymphatic messages after liposuction surgery
- [Viora external radiofrequency technology](#) may be used after surgery to minimize hyper-inflammatory reactions that lead to internal scar tissue

Our surgeons customize your body contouring surgery with the elimination of fat and excess skin. Strategic excision of redundant and stretch-marked skin may be necessary to meet your personal goals. Great care is taken to minimize and position incision lines to make them less visible. Whether you are wearing a swimsuit or your favorite jeans, you will enjoy the best version of yourself!

PROPRIETARY PROTOCOLS TO OPTIMIZE SURGICAL OUTCOMES

When an artist sculpts a statue of the human form, they do it in a 360-degree fashion. Their masterpiece creation must be beautiful from all angles. Their knowledge of human anatomy and how each layer of muscle flows into each other requires an appreciation of proportionality and devotion to aesthetic principles.

When sculpting the human form, considerations are even more complex since the surgeon sculptor must ensure proportionality of not only static views but how muscle groups move and interact with each other. This is termed 4-Dimensional sculpting.

SurgiSculpt™ has developed multiple proprietary protocols to optimize high-definition body contouring results:

- *The High Definition Body Scale*- Each patient's initial HDL body score (2-10) provides a starting point to help customize a complete surgical plan. There are separate Female and Male HD Body Scale to address gender-specific aesthetics. This protocol allows you to understand the expected changes from your surgery. It also allows you to appreciate why specific tools and maneuvers will be factored into your surgical plan. This collaboration with your surgeon will help ease presurgical anxiety and ensure expectations are understood by both doctor and patient.
- *The Brazilian Butt Lift (BBL) Assessment Tool™* - One size does not fit all when it comes to BBLs! Despite its recent popularity, there are few guidelines for the ideal buttocks' size and shape. Our doctors will recommend safety measures in performing your BBL, but only you should make the decision regarding how big, how round, how high or low your buttock should be. Whether you are going for the more generous bubble butt or want a more athletic bottom, coined the skinny BBL, the Brazilian Butt Lift Assessment Tool will help you achieve the buttock shape and size you desire.
- *The SCUBA BBL* - The Safe California Ultrasound-assisted Buttock Augmentation provides the added safety net of using portable ultrasound to get a baseline visualization of tissue plane depths. Following the SCUBA protocol, fat and muscle planes can be delineated. This advantage may minimize the risk of inadvertently grafting of fat into the gluteus maximus muscle.

- *Creation of the Armor Chest Plate* - We have developed a novel protocol for male chest contouring that provides superior results than traditional methods. The Armor Chest Plate contouring goals include creating linear borders that are bold, with a middle chest contour that is flat and less rounded and feminized. Utilizing both liposuction of the central chest and strategic fat grafting, we are able to create a natural masculine armor plate appearance to your chest.
- *Ex-Vivo (out of the body) liposuction* - We have extended the art of the traditional in-vivo liposuction where fat is removed directly from the patient to include ex-vivo liposuction. Ex-vivo is the suctioning of fat from tissues after surgical removal from patients that have excessive skin and fat. The ex-vivo liposuction protocol provides increased safety and efficacy to patients undergoing high-definition 360 body contouring.

SAFETY IS OUR HIGHEST PRIORITY

Safety is our highest priority. We must remind ourselves that your plastic surgery journey is embarked on by choice. This means that your cosmetic surgery is elective and not mandatory. As such, we make it our priority to ensure that your experience will be seamless and without unnecessary risk.

Ensuring your safety starts with your preoperative planning and preparation. At least one month prior to your surgery, you will be asked to check your blood work so that your levels can be optimized. This means checking your blood count and supplementing you with iron when needed. You will be asked to increase your protein intake so that your blood protein levels are optimal to optimize your healing. You will be asked to plan for your surgery by making sure that you have your spouse or responsible adult available during your early postoperative period and to make sure that you can adjust your social schedule and work schedule to allow for appropriate healing. Your surgical experience is also taken very seriously. Several intraoperative measures are taken to ensure your safety. First, your blood count is monitored throughout your surgery. Advanced surgical machines and centralized suction and gasses are available to support you at your peak throughout the surgery. Finally, you will be offered around-the-clock supervision by one of our trusted nurses at our after-care facility during your first 24 hours following surgery. You will be evaluated the very next day after your surgery to ensure that all is well prior to going home. You will have access to your surgeon and staff 24/7 and AT ALL TIMES.

Assuring your safety is our highest priority.

WHAT YOU CAN EXPECT AS A PATIENT AT SURGISCUPT™

At SurgiSculpt™ we recognize that the cosmetic surgery journey is a significant milestone for you. We are committed to making sure this journey is seamless by preparing you for surgery, minimizing your presurgical anxiety, and ensuring postoperative comfort. You can expect to:

- Learn how to optimize your healing ability with preoperative nutrition
- Learn how we avoid operative and postoperative anesthesia nausea and grogginess
- Learn how we ensure comfort, making your surgery virtually pain free
- Learn how we customize your surgery so that it is tailored to achieve your goals
- Take advantage of our patient liaisons who have undergone your recommended procedures and are willing to share their experience
- Utilize our experienced and compassionate patient coordinators
- Have personal access to your surgeon throughout your surgical journey
- Be monitored closely in the immediate 24-hour postoperative period at our stay care
- Be followed closely every day or every other day throughout the first week after surgery
- Undergo frequent lymphatic massages to minimize swelling and help mold your new sculpted shape
- Be provided customized foam in-laid compression garments to minimize bruising and optimize your sculpted results

WHY WAIT? BOOK YOUR CONSULTATION WITH SURGISCUPT™

- Stunning results are achieved by doing 360-degree, 4D body contouring customized to each patient's goals.
- Our surgeons have advanced high-definition body contouring.
- Our team is dedicated to enhancing the overall safety and efficacy of our surgical protocols and execution
- The featured testimonials below demonstrate the impact of the SurgiSculpt™ difference

INTRODUCTION TO HIGH DEFINITION LIPOSUCTION (HDL)

High definition liposuction (HDL) describes a higher standard of body contouring when compared to traditional liposuction techniques. HDL outcomes are superior to traditional body contouring results in that they allow for transformation of body contours that are circumferential, termed 360, and allow for creation of stunning 3-dimensional liposculpture outcomes. In order to achieve HDL results, several factors must be fulfilled and these include mastery in ultrasound assisted liposuction, expertise in helium activated plasma radiofrequency scarless skin tightening as well as appropriate patient selection and a sound surgical operative plan.

VASER MASTERY

The first critical factor in achieving HDL contouring results involves mastery in ultrasound assisted liposuction, coined VASER technology. Ultrasound energy allows for cavitation of not only the deep fat but also the superficial fat which is not amenable to controlled removal using traditional liposuction cannulas. This is because the superficial layer of fat contains a high density of cutaneous retaining ligaments that compartmentalize the superficial layer of fat. This compartmentalization disallows the liposuction cannula from freely penetrating this layer. If traditional liposuction of this layer is attempted, contour irregularities are likely since uniform fat removal is not feasible. Instead, ultrasound assisted liposuction rods that are small caliber can be used to cavitate or melt the fat from not only the deep but also the superficial layer. Once the fat cells have been converted from a semisolid to a liquid consistency both layers are amenable to fat removal. This will result in ability to remove the fat with conventional liposuction cannulas despite still being placed in the deep layer. Whereas the deep layer fat is siphoned out entirely and directly, the superficial fat cells require compression coupling with your nondominant hand which allows for the superficial fat to be squeezed into the deep layer for removal. Compression coupling allows for selective removal of the superficial fat which allows for not only dramatic reduction in fat volumes resulting in maximum waistline narrowing but also creation of muscle highlights.

MASTERY IN RENUVION

The 2nd critical factor in achieving HDL contouring results involves mastery in the use of combined helium activated plasma and radiofrequency energies, coined Renuvion technology. This technology allows for tightening of the skin and soft tissues using minimally invasive techniques that avoid excisional surgery with surgical incision lines. This technology utilizes thermal energy to effectively contract collagen molecules by increasing temperatures instantly and in a focused manner to 85 degrees Celsius for 0.044 seconds. This quick on and off treatment duration forbids the epidermal temperatures from reaching 47 degrees Celsius, the temperature at which the epidermis can experience a thermal injury. This safety profile forgives the machine from requiring monitoring of external temperatures. Finally, quick treatment times of 5 to 10 minutes per area allow for full body skin tightening to be effectively completed in the operative setting.

APPROPRIATE PATIENT SELECTION AND SOUND SURGICAL OPERATIVE PLAN

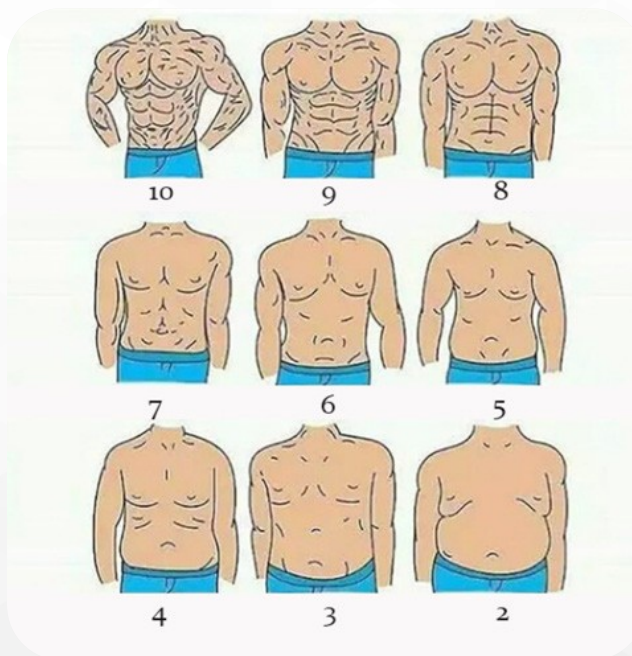
The final factors for attaining HDL results are appropriate patient selection and a sound surgical operative plan. These two requirements are intimately intertwined together. In fact, strategic planning of your surgery is predicated on patient selection. High definition liposuction strives to achieve a near PERFECT 9 or 10 body. In order for your surgeon to achieve superior outcomes, he or she must acknowledge the importance of appropriate patient selection. Patient selection is dictated by degree of excess fat, amount of skin redundancy, and quality and extent of skin texture changes. The High Definition Liposuction (HDL) Body Scale has been designed to objectify patient selection considerations above, to guide a sound surgical plan design, and to objectify achieved improvements in patient outcomes.

HDL BODY SCALE & SURGICAL ALGORITHM

Patient selection is one of the most critical prerequisites to providing successful body contouring results. This involves assessing the degree of fat excess, amount of skin redundancy, and quality and extent of skin texture changes. Consideration of both fat excess and skin redundancy are required to determine whether comprehensive or only partial fat can be removed.

Amount of skin redundancy will further guide whether a less invasive technology, such as the Renuvion, can tighten the skin or whether a simultaneous mini-tuck or even a staged full-tucking procedure will be required. First, patients are assigned a point score based on the High Definition Liposuction (HDL) Body Scale. Each patient's starting HDL body score is used to create a customized surgical plan with the goal of attaining a near perfect 9 or 10. The HDL Body Scale ranges from 2 to 10 scale (10 being a perfect and the ultimate ultra-high definition liposuction result) as below:

MALE HDL BODY SCALE



FEMALE HDL BODY SCALE

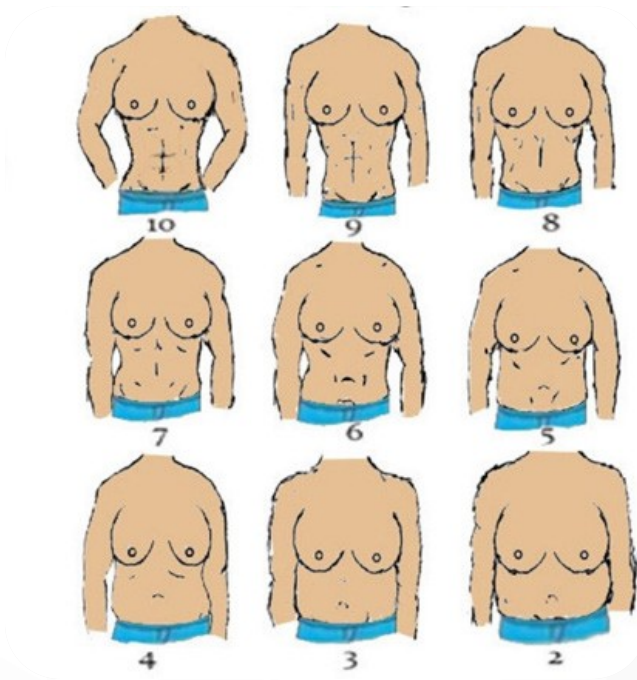


TABLE. HIGH DEFINITION BODY SCALE

HDL Body Score	Degree of Fat Excess	Amount of Skin Redundancy	Skin Texture	Extent
10	Minimal	Minimal	Excellent	
9	Minimal	Minimal	Excellent	
8	Minimal to Moderate	Minimal	Excellent	
7	Minimal to Moderate	Minimal to Moderate	Excellent	
6	Moderate	Minimal to Moderate	Excellent	
5	Moderate	Moderate	Poor to Excellent	Focal
4	Moderate to Severe	Moderate	Poor	Focal
3	Severe	Moderate to Severe	Poor	Focal to Extensive
2	Severe	Severe	Poor	Extensive

9 to 10 Points

- Denotes near perfection or a TRUE high definition liposuction result

7 to 9 Points

- Minimal to moderate fat excess
- Tight skin
- Excellent texture of skin

5 to 7 Points

- Minimal to moderate fat excess
- Minimally loose skin
- Good texture of skin

4 to 5 Points

- Moderate to severe fat excess
- Moderate loose skin
- Localized poor texture of skin

2 to 4 Points

- Moderate to severe fat excess
- Severe skin redundancy
- Diffusely poor textured skin

HDL BODY Score Intervals	Optimum Surgical Plan
9-10	True HD results that we strive for
7-9	VASER
5-7	VASER + Renuvion
4-5	VASER + Strategic tucking
2-4	Staged: 1st) Total Body Lift 2nd) VASER

HDL BODY SCALE CASE STUDIES

The HDL Body Scale ranges between 2 to 10 points and specifically takes into account excess fat, skin texture, and skin redundancy in order to assist with surgical design and objectifying surgical outcomes.

For example, if you have excellent skin tone and only minimal to moderate fat (HDL Body Scale of 7 to 9 points), then VASER liposuction alone should help you achieve a near perfect 9 or 10 result.

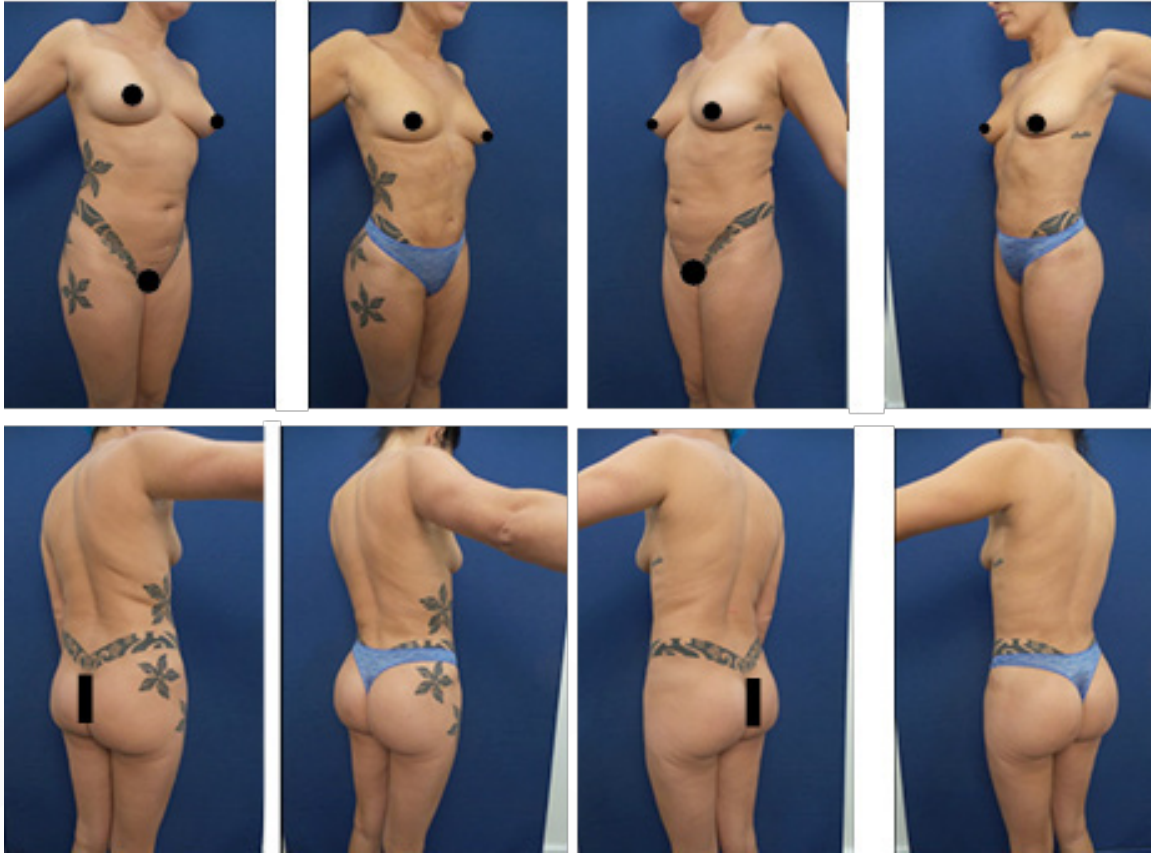


A 23-year-old female following VASER liposuction to achieve abdominal and back etching with BBL. This patient shows a jump from 8 to 9 or 10 points.



A 25-year-old female following VASER high definition liposuction of the abdomen, back, and BBL, as well as a breast lift with implant augmentation. Please note detailed pre-operative markings. This patient demonstrates a jump from a 7 to 9-10 points.

If you have minimal to moderate skin redundancy, then skin tightening may be required. Skin tightening can be performed using minimally invasive modality with Renuvion subdermal coagulation (HDL Body Scale 5 to 7 points).

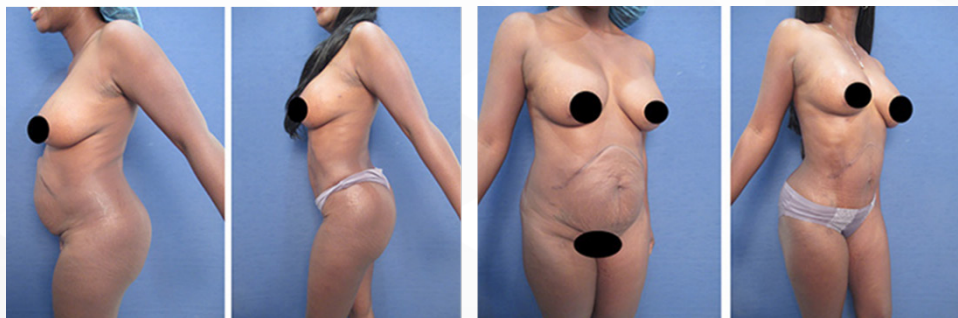


A 29-year-old female 8 weeks following high definition liposuction of the abdomen, medial thighs, lateral thighs, back, and flanks, as well as a BBL using VASER technology and skin tightening Renuvion technology. This patient demonstrates a jump from a 6 to 9-10 points.

Patients with a score of 4 to 5 will benefit from a simultaneous limited tucking procedure, such as a mini tummy tuck, reverse tummy tuck, lateral thigh tuck, upper body tuck, medial thigh tuck, or a brachioplasty. VASER liposuction is performed alongside limited tucking procedures in order to remove modest amounts of skin. These tucking procedures will allow your surgeon the ability to comprehensively remove fat in order to achieve high definition outcomes. This is in contrast to partial fat removal that can only help your surgeon achieve mid- def results. In summary, the tucking procedures help avoid irregularities related to skin looseness especially when fat removal is maximized.

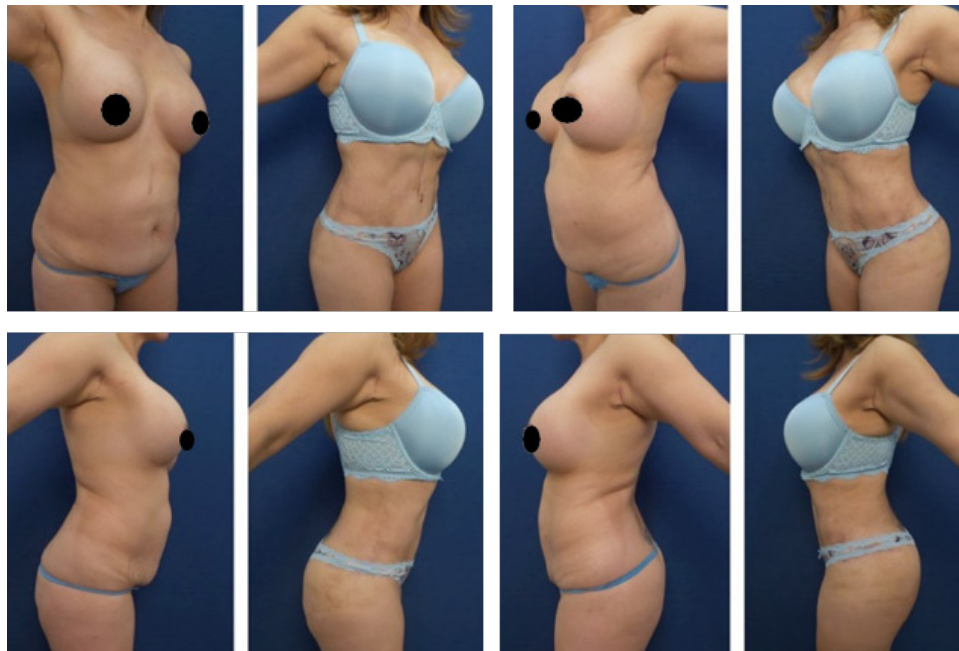


A 54-year-old female following VASER HD liposuction of the abdomen, flanks, chest, fat grafting to the buttocks, and mini tummy tuck. This patient demonstrates a jump from a 5 to 9-10 points.

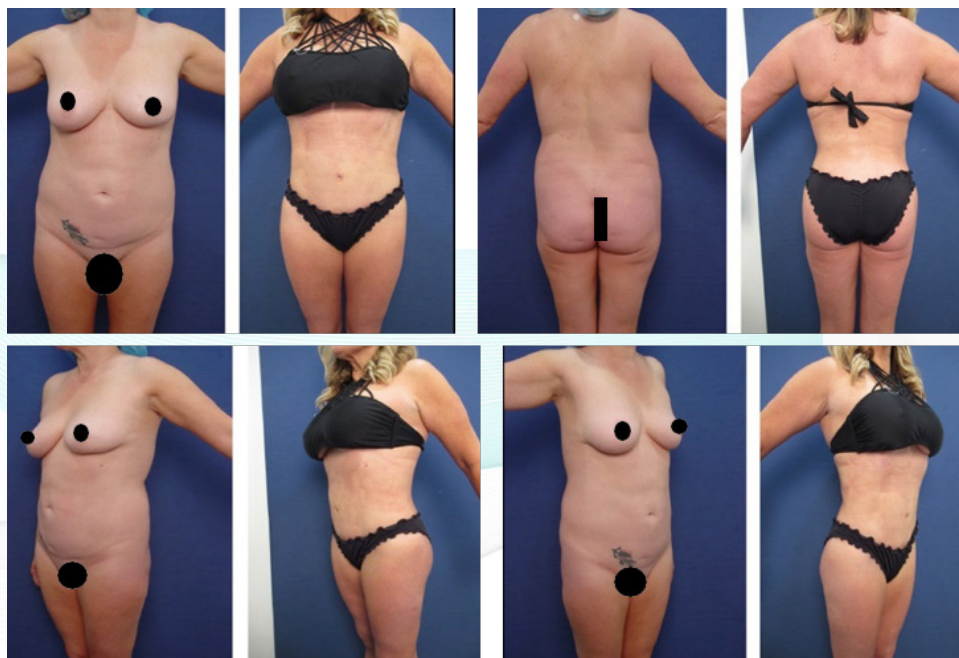


A 45-year-old female following simultaneous VASER high definition liposuction of the abdomen, flanks, lower back, upper back, scar revision of the abdomen, abdominal flap advancement, mini tummy tuck, and fat grafting to the breast and buttocks to achieve waistline narrowing. This patient presents a jump from a 4 to 9-10 points.

Patients with a score of 2 to 4 will benefit from a staged full tucking procedure such as a full tummy tuck or lower body lift that will remove all redundant and poor textured skin prior to undergoing liposculpture. Following this initial stage, patients will be pulled from a 2-4 HDL Body score to a 7-8 Body score. As early as three months following these initial tucking procedures, patients may proceed with the second and final stage of their contouring surgical plan involving comprehensive fat removal using VASER technology to raise patients' scores to a 9-10.



A 38-year-old female 3 months following VASER high definition liposuction of the abdomen, back, flanks, and fat transfer to the buttocks following a full tummy tuck procedure. This patient demonstrates a transformation from a 3 to 9-10 points.

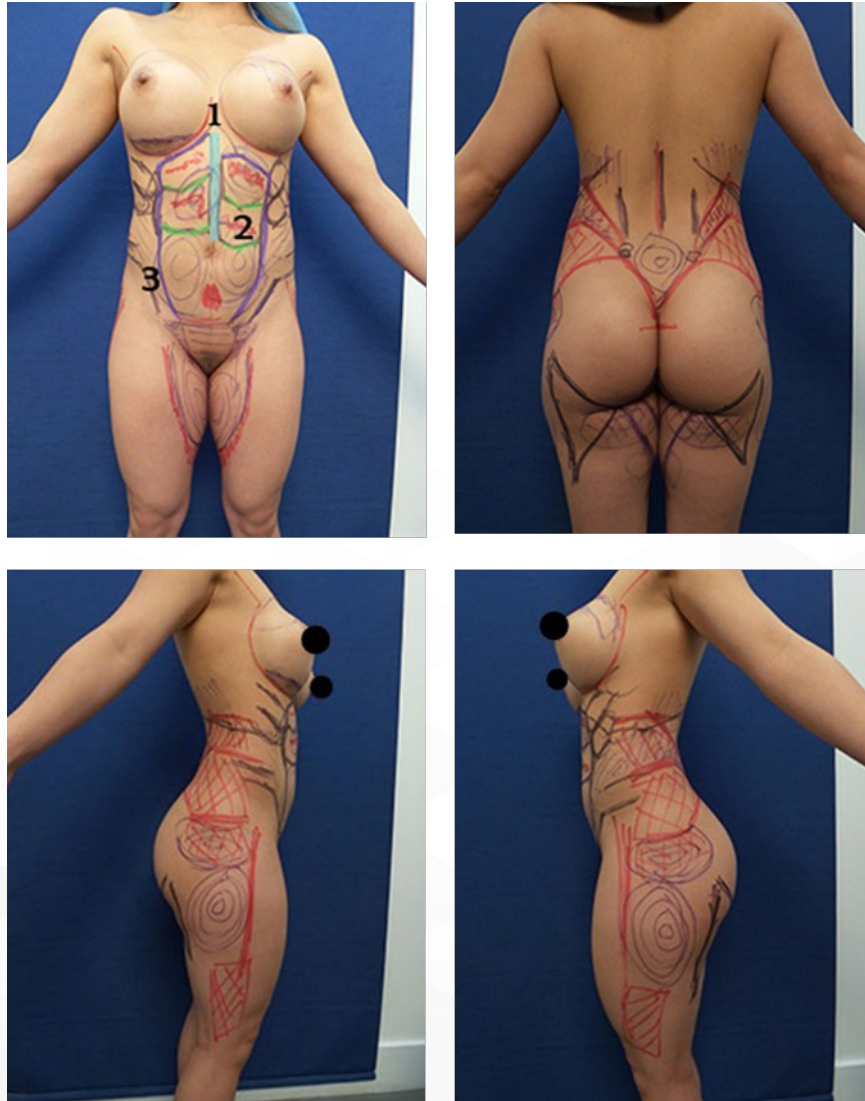


A 48-year-old female after a total body lift, followed by VASER high definition liposuction of the back, abdomen, flanks, lateral thighs, and fat transfer to the buttocks. This patient demonstrates a jump from a 2 to 9-10 points.

In summary, if you are looking to transform your body because you are unhappy about your appearance, you should consider High Definition Liposuction and Body Contouring. Whether you work out regularly or are too busy to get to the gym, VASER liposuction can help you look your best. After VASER high definition liposuction, you will absolutely fall in love with your body every time you stare in the mirror!

HIGH DEFINITION LIPOSUCTION PREOPERATIVE MARKINGS

FEMALE



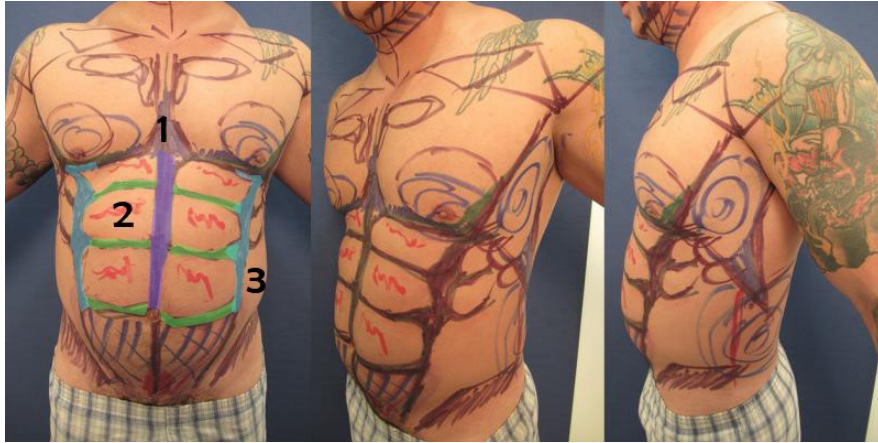
Abdominal markings

1. Linea alba (more prominent in females)
 - a. Slightly narrower than males
2. Inscriptions (less prominent in females)
 - a. 3 Sets of horizontal grooves
 - b. Create 4 packs of muscle bellies versus 6 packs in males
3. Semilunaris line
 - a. Must create a smooth curved contour
 - b. Curved down from breasts to the pubic area to create an aesthetically pleasing waistline contour.
4. External oblique (Flanks/Love Handles)
 - a. Must be maximally debulked as it defines the female waistline.
5. Lower back
 - a. Central diamond - must core out in females when compared to males
 - b. Less aggressive debulking to create a smooth transition with the middle back and upper lateral buttock
6. Waistline
 - a. Make sure to extend up the back to create a smooth Tilde Curve (~) with the buttocks
 - b. Maximal debulking to “snatch” the waist

Buttocks

- a. Females prefer a smooth, curved appearance compared to the flat, square appearance in males
- b. Buttock Assessment Tool choices determine where fat transfer is required to achieve the desired buttocks shape

MALE

**Abdominal markings**

1. Linea alba
 - a. Slightly wider than females
2. Inscriptions
 - a. 4 sets of horizontal grooves
 - b. Create 6 packs of muscle bellies in males versus 4 pack in females
3. Semilunaris line
 - a. More linear compared to female counterpart
4. Chest
 - a. Must masculinize the male chest; pentagonal shape with strong linear borders, like an Armor Plate
5. External oblique
 - a. Only minimally debulked compared to females to enhance prominence of muscle bulk

Back

- a. Lower back debulk completely
- b. Must create a Buttocks shelf (in comparison to smooth and gentle Tilde curve in females)
- c. Central diamond minimally debulked in males when compared to females

Buttocks

- a. Buttocks shelf desirable (no Tilde Curve) - your pants need to hang off this shelf!
- b. Upper aspect more square; mid buttocks flat (not rounded)

MAXIMIZING WAISTLINE NARROWING

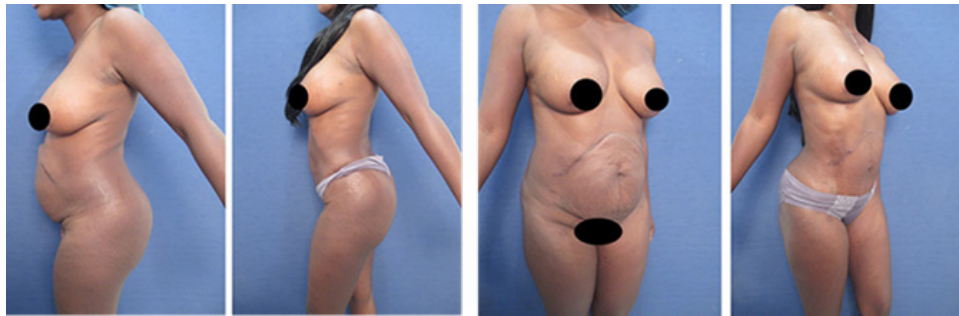
Waistline narrowing is one of the most popular requested procedures by women clients. The narrowing of the waist allows for creation of exaggerated curves, characterized by the Tilde curve “~” turned upright that depicts an optimized female silhouette. Until recently, achieving a dramatically narrower waistline was a difficult task for most surgeons. This was because the fat around the flanks and lower back that must be removed to narrow the waist is very fibrous. In addition, this fat is in three separate layers (superficial, middle, and deep) in contrast to other areas that are limited to superficial and middle fat, making it difficult to remove using traditional liposuction techniques.

Fortunately, with the advent of VASER technology, all of these layers of fat can be removed comprehensively. With ultrasound assisted VASER liposuction, we can get over 90% reduction in fat volume around the waistline so that your skin retracts up to your muscles; this ability to remove the fat comprehensively makes knowledge of muscle anatomy of the lower back and flanks invaluable.

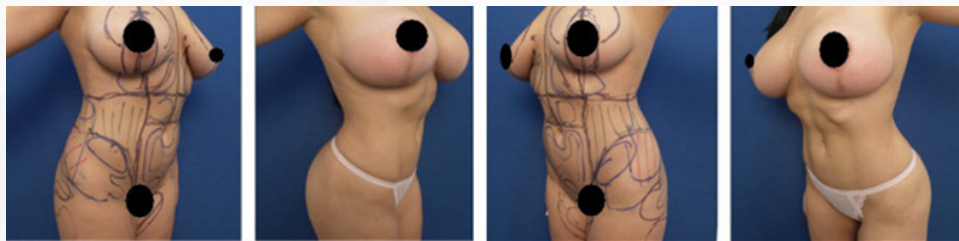
In addition to narrowing the waist, patients can also tighten any skin redundancy and/or back rolls that may become apparent using minimally invasive Renuvion subdermal coagulation treatments. This minimally invasive skin tightening can be performed simultaneously during your liposculpture procedure. Less frequently, a tucking procedure may be implemented either simultaneously or in a staged fashion to achieve desired results. Waistline narrowing using our high definition protocols will result in a dramatic waistline to buttocks differential that results in aesthetically superior contouring. Finally, strict postoperative protocols using custom fitted compression garments with foam in-lays as well as frequent lymphatic massages in the early postoperative period provided at our surgical centers will ensure maintenance of our optimized waistline narrowing results.



A 38-year-old female 3 months following VASER high definition liposuction of the abdomen, back, flanks, and fat transfer to the buttocks following mini-tucking procedure to achieve waistline narrowing.



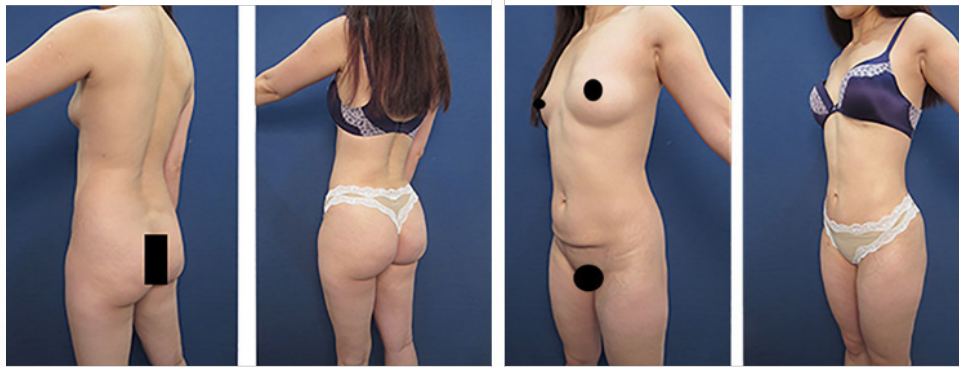
A 45-year-old female following simultaneous VASER high definition liposuction of the abdomen, flanks, lower back, upper back, scar revision of the abdomen, abdominal flap advancement, mini tummy tuck, and fat grafting to the breast and buttocks to achieve waistline narrowing.



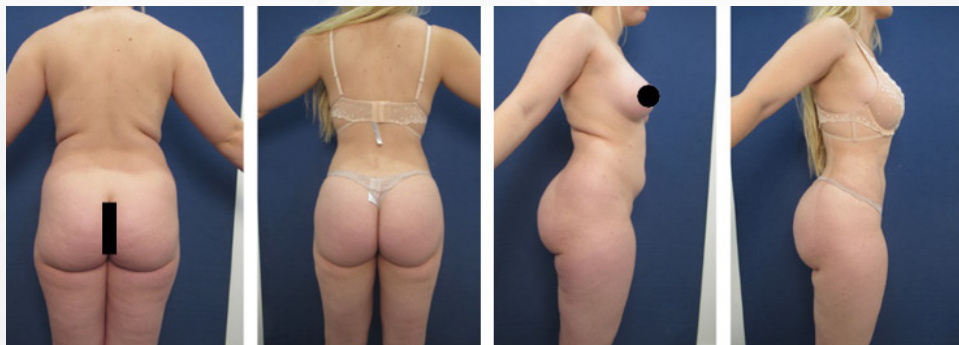
A 25-year-old female following VASER high definition liposuction of the abdomen, back, medial thigh, and lateral thighs, and fat transfer to the buttocks (BBL), as well as a breast lift with implant augmentation to achieve maximal waistline narrowing.



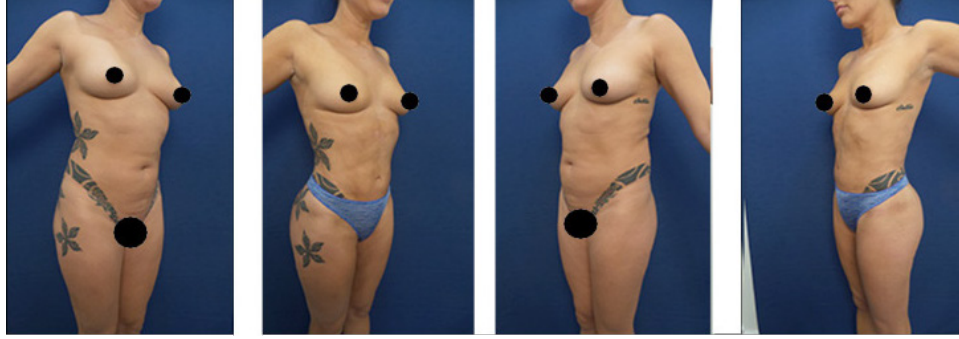
A 27-year-old female demonstrating Waistline Narrowing following a full tummy tuck with muscle plication in the front and Vaser high definition liposuction with Renuvion® skin tightening of the back and flanks as well as fat transfer to the buttocks.



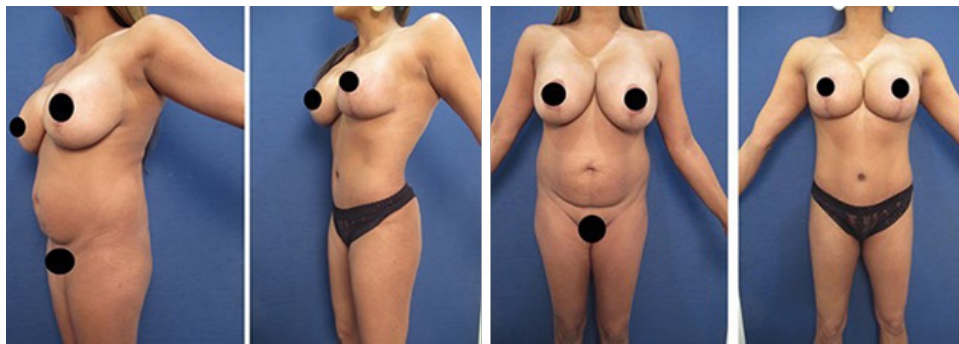
A 43-year-old female showing Waistline Narrowing using VASER high definition liposuction of the medial thighs, flanks, lower back, and abdomen, as well as a mini tummy tuck and BBL.



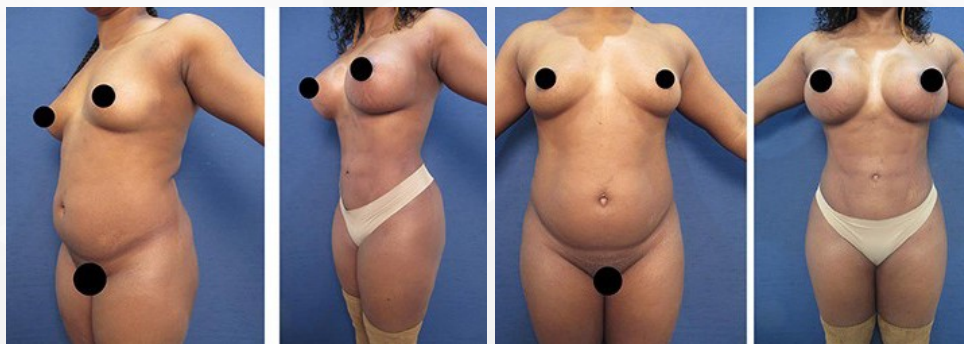
A 21-year-old female following VASER high definition liposuction of the abdomen, flanks, back, and buttocks reshaping to achieve waistline narrowing.



A 29-year-old female who shows Waistline Narrowing after VASER high definition liposuction of the abdomen, medial thighs, lateral thighs, back, and flanks, as well as a BBL and skin tightening Renuvion technology.



A 39-year-old female who has undergone VASER high definition liposuction of the flanks, lateral thighs, and lower back and breast revision with implant exchange and abdominoplasty to achieve Waistline Narrowing.



A 35-year-old female following VASER high definition liposuction of the abdomen, flanks, lower back, middle back, upper back, fat grafting to the buttock, and breast augmentation.

IDEAL BUTTOCK ENHANCEMENT

Our clients in the U.S. are starting to shift their focus from the breasts to the buttocks. Desire for the ideal buttocks shape has incentivized physicians to focus on improving techniques to deliver improved buttocks shape and augmented buttocks size. At our surgical centers, we provide every patient the opportunity to choose their ideal buttocks shape and size in order to convey their goals to their surgeons prior to surgery. In addition, we provide a safe approach to buttock fat grafting that utilizes ultrasound assisted fat transfer that minimizes risk of fat entry into the gluteus maximus muscle and theoretical fat emboli. Next, VASER liposuction is used to improve fat graft viability that improves preservation of buttock enhancement outcomes. Finally, skin redundancy is addressed to avoid a sagging buttock when necessary. Skin redundancy can be countered using Renuvion subdermal coagulation when skin redundancy is minimal to moderate or using a lateral thigh and buttock tuck when redundancy is moderate to severe.

BUTTOCK ASSESSMENT TOOL

The Buttock Assessment Tool was designed to ensure that clients could clearly communicate both their desired buttock size and shape to their surgeon. Clients have the opportunity to select amongst a multitude of buttock size and shape permutations from both the back view (PA view) as well as from the side (Profile view). Patients are allowed to choose amongst figures that have a constant waistline width but varied buttocks widths ranging over 7 sizes. In addition, maximum buttock width position is altered to range from upper to lower maximum fullness with 5 permutations. Finally, buttock projection is varied in size with respect to a constant waist width on profile view ranging over 5 sizes. In addition, maximum projection is altered to range from upper to lower maximum projection with 5 permutations. This tool has served invaluable in helping our SurgiSculpt surgeons hone in the exact buttock style desired. Interestingly, several trends have been observed that are affected by patient age, ethnicity, and even religion!

BUTTOCK ASSESSMENT TOOL: LATERAL AND PA VIEWS



SCUBA - SAFE CALIFORNIA ULTRASOUND ASSISTED LIPOSUCTION

Safe California Ultrasound assisted buttock augmentation (SCUBA) allows for the safe transfer of fat by minimizing risk of a potentially detrimental fat emboli. Using our proprietary fat grafting cannula, we are able to directly visualize placement of fat such that risk of inadvertent entry into the gluteal muscle is minimized. This is because fat emboli have been associated with intramuscular fat grafting of the gluteus maximus muscle. Avoidance of intramuscular fat grafting has been identified as the most important factor reducing risk of fat emboli. As such, using our proprietary fat cannula, we are able to avoid any fat graft transfer into the gluteus muscle thus minimizing this potentially detrimental complication.



SUPERIOR HARVESTING USING VASER TECHNOLOGY

Technical advances in fat graft transfer to the buttocks have become possible with VASER technology. Using the VASER liposuction technology, we can harvest 30- 40% more fat than when using traditional liposuction techniques. In addition, the ability of VASER to cavitate or melt the fat prior to suctioning has allowed increased fat viability of 90% compared to the 60% viability observed with traditional liposuction. As a result, we can now optimize transfer of fat to the buttocks, coined the Brazilian Buttocks Lift (BBL). The ability to improve harvest volumes and fat transfer viability has opened up the door to numerous patients who previously were not considered good candidates for a Brazilian Buttocks Lift. VASER technology not only allows for fat transfer to the buttocks, but also allows for optimal narrowing of the regions around the buttocks. We treat the buttocks like it is the focal point of a painting and reinforce the importance of shrinking the frame around that painting. We frame the butt by eliminating the bulk of the love handles (i.e. flanks), the central lower back, coined the central diamond, as well as narrowing the medial and lateral thighs. This contrast in surgical objectives regarding tidying up the framework around the buttocks is just as critical as adding to and reshaping the buttocks proper itself.

MANAGING SKIN REDUNDANCY

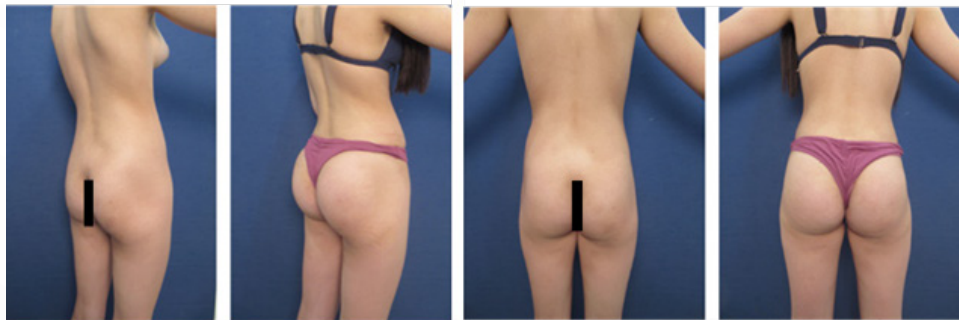
The final factor in optimizing buttock enhancement involves managing skin redundancy. For patients with minimal lateral thigh skin redundancy, minimally invasive Renuvion skin tightening can be offered. For patients demonstrating sagging of the buttock cheeks, cellulite of the lower buttock and upper posterior thighs, or moderate to severe skin redundancy, then more invasive tucking procedure such as a lateral thigh and buttocks tuck may be necessary.

CONCLUSION

Superior results are only achieved through true artistry in sculpting. Not only are you going to add fat to the buttock cheeks and lateral hips to create shape, but you might actually remove some fat to contour the buttock cheeks for the best outcome. Furthermore, you must debulk the frame, i.e. the lower back, flanks, and thighs, around the buttocks. In summary, appreciation of aesthetic standards and adherence to gender specific differences will ensure superior aesthetic outcomes.



A 41-year-old female demonstrates an Ideal Buttocks Shape after VASER high definition liposuction of the back, flanks, and fat grafting to the buttocks as well as a lateral thigh and buttocks tuck.



A female patient 3 months following VASER high definition liposuction of flanks, and buttocks augmentation to achieve an Ideal Buttocks Shape.



A 27-year-old female who shows an Ideal Buttocks Shape after she has undergone Brazilian buttocks augmentation following harvesting of fat from the abdomen, back, flanks, and medial thighs.



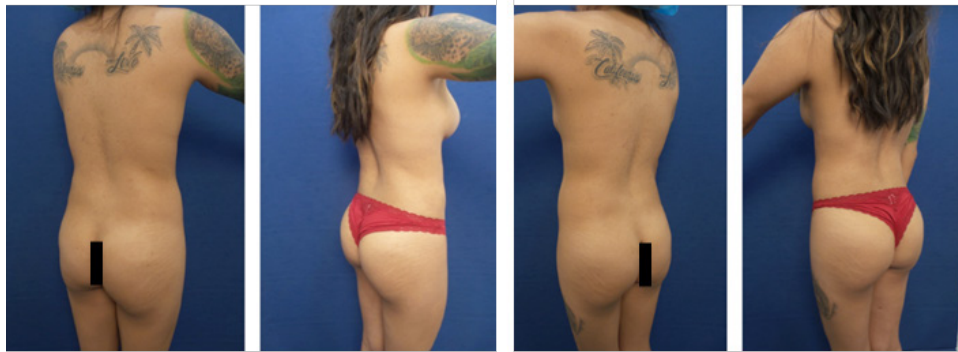
A 31-year-old female following VASER high definition liposuction of the belly, thighs, fat grafting to the breast and buttocks, Renuvion of the thighs, back and butt to achieve ideal buttocks shape.



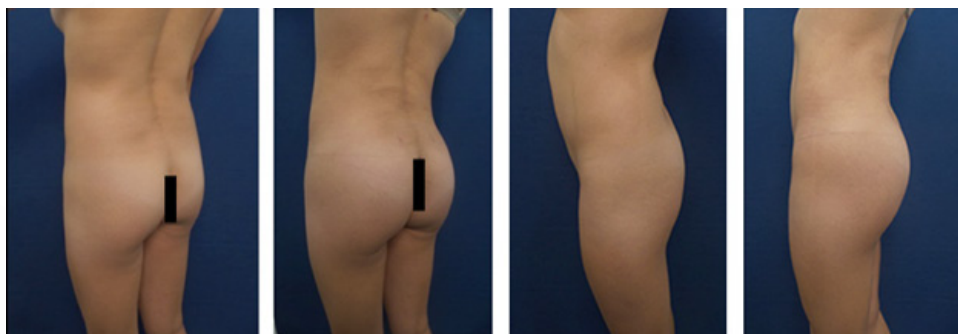
A 22-year-old female following BBL and VASER high definition liposuction of abdomen, flanks, and lateral and medial thighs to achieve ideal buttocks shape.



A 23-year-old female with an Ideal Buttocks Shape following VASER high definition liposuction of the abdomen, flanks, and fat grafting to the buttocks.



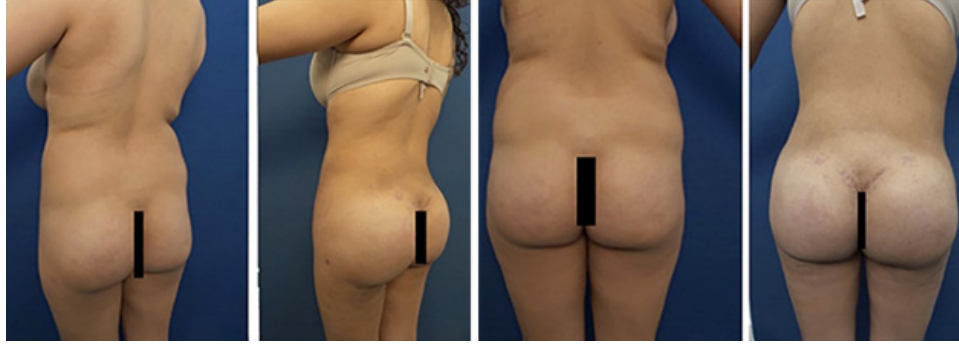
A 28-year-old following a breast augmentation, BBL and VASER high definition liposuction of the abdomen, back, and flanks to achieve ideal buttocks shape.



A 37-year-old female following a BBL and VASER high definition liposuction of the abdomen, back and flanks to achieve ideal buttocks shape.



A 29-year-old female following lateral thigh and buttock tuck and VASER high definition liposuction of the lower back and flanks to achieve ideal buttocks shape.



A 21-year-old female following VASER high definition liposuction of the upper and lower back, flanks, lower lateral thighs, and fat grafting to the lateral buttocks and lateral hips as well as buttocks implant augmentation to create an Ideal Buttocks Shape.



A 38-year-old female that shows an Ideal Buttocks Shape following VASER high definition liposuction of the abdomen, back, flanks, and BBL following mini-tucking procedure.



A 33-year-old female that shows an Ideal Buttocks Shape following VASER high definition liposuction of the abdomen, back, flanks, and BBL.



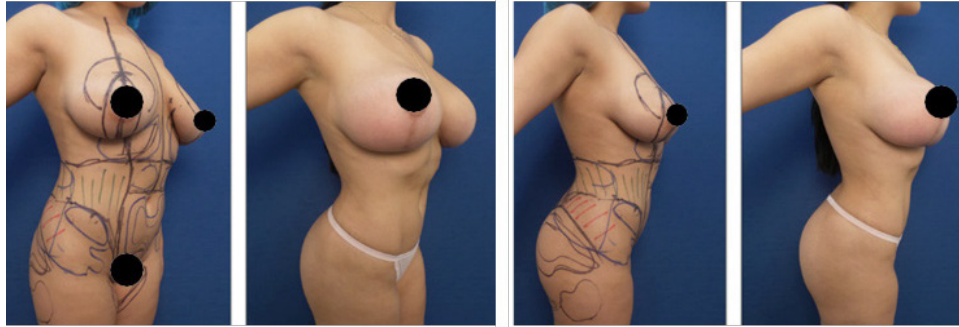
A 29-year-old female following high definition liposuction of the abdomen, medial thighs, lateral thighs, back, and flanks, as well as a BBL using VASER technology and skin tightening Renuvion technology to create an Ideal Buttocks Shape.



A 35-year-old female following VASER high definition liposuction of the abdomen, flanks, back and BBL to achieve ideal buttocks shape.



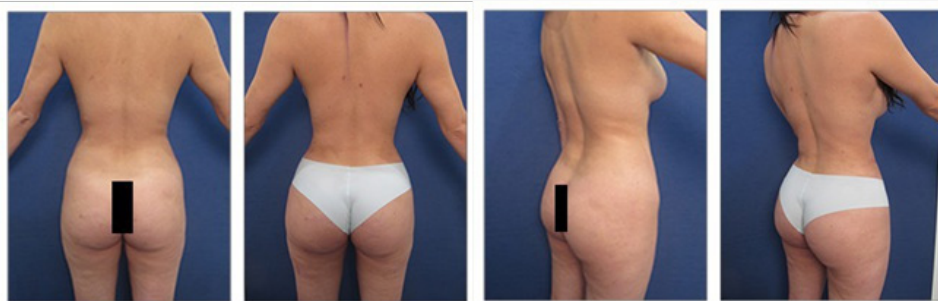
A 27-year-old female demonstrating an Ideal Buttocks Shape VASER high definition liposuction of the medial thighs, abdomen, back, flanks, lateral thighs, and fat transfer to the buttocks (BBL).



A 25-year-old female following VASER high definition liposuction of the abdomen, back, medial thigh, and lateral thighs, and fat transfer to the buttocks (BBL) to achieve ideal buttocks shape.



A 33-year-old female following VASER high definition liposuction of the abdomen, back, medial thigh, and lateral thighs, and fat transfer to the buttocks (BBL) to achieve ideal buttocks shape.



A 30-year-old female following VASER high definition liposuction of the abdomen, back, medial thigh, and lateral thighs, with fat transfer to the buttocks to complete her BBL revision.

ABDOMINAL ETCHING

Using VASER technology, we can now remove fat from the abdomen comprehensively. This means removing not only the deep fat which was the limit of traditional liposuction, but also the superficial fat that we previously had to leave behind. Patients can choose to be chiseled as desired by most men or to look lean as desired by most women. The abdomen can now be contoured to your desired look. Surgical times can vary and require 1 to 2 to get you to a toned look and additional hour to make you chiseled. If scarring is present from prior liposuction, even longer operative times should be expected.

Detailed knowledge of abdominal muscles allows experienced surgeons to give you “jaw dropping” results. Abdominal etching requires artistry and surgical precision. In fact, it is not simply comprehensive fat removal that allows your sculptor to achieve dramatic results, but selective fat removal that unveils muscle highlights. Specifically, selective fat removal allows the 3-dimensional and even 4-dimensional contour of the muscles to come to life.



A 44-year-old male showing Abdominal Etching following VASER high definition liposuction of the abdomen, flanks, lower back, chest, mini abdominoplasty and Renuvion skin tightening of the flanks.



A 23-year-old female following VASER liposuction to achieve abdominal and back etching.



A 39-year-old male following VASER high definition liposuction of abdomen, chest, and flanks to show Abdominal Etching.



A 34-year-old male demonstrating Abdominal Etching following VASER high definition liposuction of the abdomen, lateral chest, pubic region, flanks, and fat grafting to the chest.



A 54-year-old female following VASER high definition liposuction of the abdomen, flanks, chest, and mini tummy tuck to achieve Abdominal Etching.

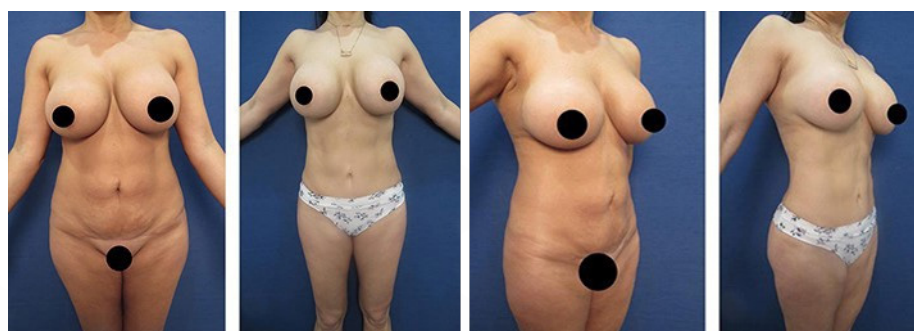
By removing both the superficial and deep fat layers we are able to appreciate the underlying muscle anatomy of your abdomen, that defines abdominal etching. Removal of the fat selectively allows for superior sculpting of the abdomen to achieve a six pack in men and a four pack in women. Specifically, abdominal etching includes defining the lateral abdominal line (called the semilunaris line), the vertical midline (called the linea alba), as well as the horizontal lines (called the inscriptions) utilizing comprehensive fat removal. In contrast, selective fat removal will be implemented over the apex of the muscles to create a 3-dimensional construct that reveals muscle highlights. When muscle highlights are unveiled with considerations of their dynamic, or motion related anatomy, this is called 4-dimensioinal sculpting. Ancillary muscle groups may also require sculpting such as the serratus muscle and the external oblique muscle depending on the look desired.



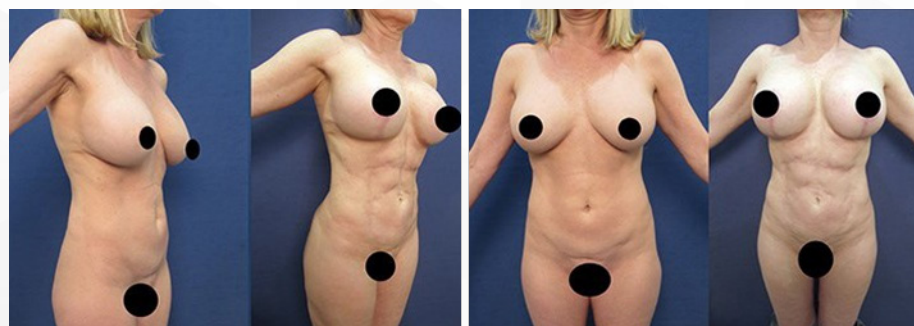
A 31-year-old male following VASER high definition liposuction of the chest, lower back, flanks, abdomen, fat grafting to the buttock, deltoid region and chest, and a mini tummy tuck to achieve Abdominal Etching.



30-year-old male following Abdominal Etching with high definition ultrasound assisted liposuction and RENUVION skin tightening.



A 46-year-old female following VASER high definition liposuction of the arms, axilla, upper and lower back, flanks, and abdomen to achieve Abdominal Etching.



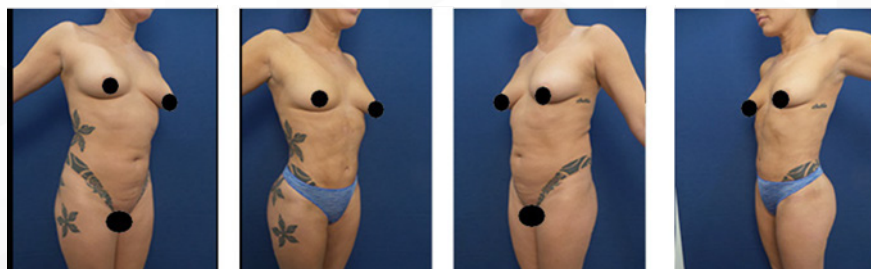
A 53-year-old female following VASER high definition liposuction of abdomen, back, flanks, medial thighs, and lateral thighs, as well as breast lift and implant exchange with silicone implants to achieve Abdominal Etching.



36-year-old patient following VASER high definition liposuction of the abdomen, chest, arms, flank, and armpits to achieve Abdominal Etching.



A 37-year-old male following VASER high definition liposuction of the flanks and abdomen to achieve Abdominal Etching.



29-year-old female following VASER high definition liposuction of the abdomen, medial thighs, lateral thighs, back, and flanks, as well as a BBL and skin tightening using Renuvion technology to achieve Abdominal Etching.

BACK CONTOURING

Back contouring refers to improving the overall aesthetics of your backside. In order to achieve optimum contour, knowledge of gender specific aesthetics is crucial.

One of the keys to back contouring is the narrowing of the waistline achieved through the removal of fat in the love handles and flank region. Removal of this fat is difficult with traditional liposuction techniques because this fat is very fibrotic. Additionally, the fat in the flank region is comprised of a superficial, middle, and a deep fat layer rather than just superficial and deep fat layers found over the rest of the body. In particular, the middle and superficial fat layers of the back are very fibrous and tethered by retaining ligaments that make fat removal difficult with traditional techniques. Fortunately, 90+% of this fat can be effectively removable with VASER ultrasound assisted liposuction.

Creation of an exaggerated back arch characterized by the Tilde curve “~” is critical to achieving aesthetically optimal outcomes. Please review back curves created in patients presented below to appreciate the transformations possible using the “Tilde” curve as a guide.

Finally, superior back contouring requires management of upper, middle and lower back skin redundancy. When present, skin redundancy can cause “back rolls” that may compromise aesthetic results. Fortunately, VASER liposuction alone can create some retraction of the skin to eliminate minimal skin redundancy. If moderate skin redundancy is present, Renuvion subdermal coagulation can be used to further tighten skin and eliminate back rolls. In the case of more extensive skin redundancy, an upper body lift and/or lateral thigh tuck, buttocks tuck, or even a lower body lift (circumferential tuck) may be required.



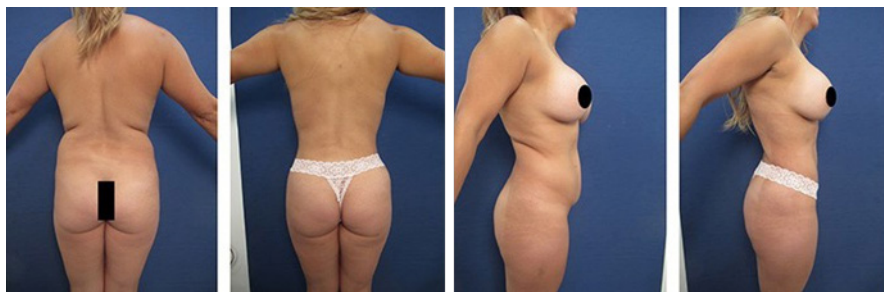
A 26-year-old female (Left) and a 23-year-old female (Right) following VASER high definition liposuction of the back and fat transfer to the buttocks (BBL). Please appreciate the “Tilde” curve created along the back arch of these patients.



A 35-year-old female following VASER high definition liposuction of the back, flanks, lateral thighs, and buttocks reshaping to achieve optimal back contouring.



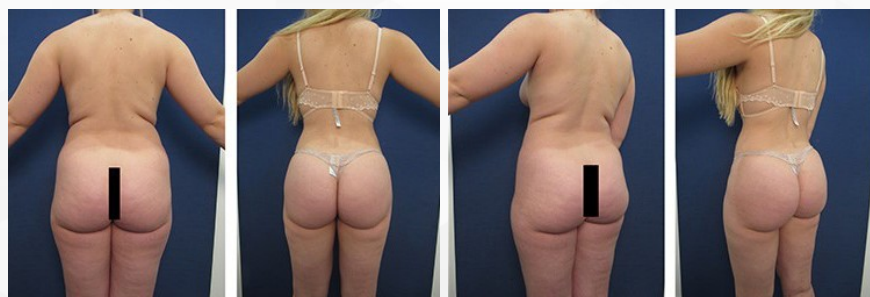
A 38-year-old female 3 months following VASER high definition liposuction of the abdomen, back, flanks, and fat transfer to the buttocks. Please appreciate the created “Tilde” curves.



A 21-year-old female following high definition liposuction of the upper and lower back, flanks, lower lateral thighs, and fat grafting to the lateral buttocks and lateral hips and buttocks implant augmentation to achieve optimal back contouring.



A 29-year-old female demonstrating optimized Back Contouring following liposuction of the abdomen, medial thighs, lateral thighs, back, and flanks, as well as a BBL using VASER technology and skin tightening Renuvion technology.



A 21-year-old female 3 months following VASER liposuction of the abdomen, arms, back, and thighs, as well as a BBL to achieve optimal back contouring.



A 41-year-old female after high definition liposuction of the upper back, lower back, flanks, and fat grafting to the buttocks as well as lateral thigh and buttocks tuck to achieve optimal back contouring.



A 61-year-old female following HD liposuction of the back, lateral thighs, Renuvion skin tightening and fat grafting to the buttocks to achieve optimal back contouring.



A 51-year-old female that shows optimal Back Contouring results following mini abdominoplasty, high definition liposuction of the back, flanks, abdomen, medial thighs, and arms, as well as fat grafting to the buttocks.

CHIN AND NECK CONTOURING

With advances in medical science, patients are now living longer and demanding rejuvenation procedures at an older age. Until recently, the only option for neck rejuvenation was a face and neck lift. However, older patients often want to avoid more invasive procedures requiring general anesthesia. A second, younger patient population also wishes to avoid surgical intervention. For these patients, avoiding the stigma of a surgical incision line is a high priority.

Fortunately, the advent of Renuvion skin tightening has revolutionized the rejuvenation industry by providing a minimally invasive option to neck and jawline contouring for both of these patient populations. First, VASER liposuction can be used strategically by your surgeon to remove any excess fat in the submental region and undermine the entire neck and chin region. Then, Renuvion is used to tighten the redundant skin of the overlying neck skin using subdermal coagulation technology that heats and tightens collagen molecules.

Chin and neck contouring can now be effectively performed using minimally invasive techniques. We can now routinely achieve 70% of the results of a traditional neck lift without having to put patients under general anesthesia or having to perform invasive surgeries with the stigma of surgical incision lines. In addition, this procedure is minimally invasive and much quicker than a traditional neck lift since the neck rejuvenation procedure can be performed in less than half an hour. Finally, the recovery period for high definition, minimally invasive neck contouring is much more tolerable when compared to the traditional neck lift alternative. Of note, patients undergoing chin and neck contouring also have the opportunity to improve the sun damaged and aging changes in the facial skin texture. This is because Renuvion technology allows for ablative skin resurfacing of the face. In summary, both your face and neck can now be simultaneously treated!



A 50-year-old female following VASER high definition liposuction and Renuvion subdermal coagulation of the chin and neck.



A 33-year-old female status following VASER high definition liposuction and Renuvion skin tightening of the chin and neck to correct a PAH deformity.



A 49-year-old female following VASER high definition Liposuction and Renuvion skin tightenin of submental and jowl region to achieve chin and neck contouring.



A 59-year old female 1 month following Renuvion facial ablative resurfacing and subdermal coagulation of the neck to achieve improved facial skin texture and chin and neck skin tightening, respectively.



A 53-year old female before, 4 weeks after and 1 year after minimally invasive facial rejuvenation using lower blepharoplasty, Renuvion ablative skin resurfacing of the cheeks, and facial fat grafting.

HIGH DEFINITION ARMS

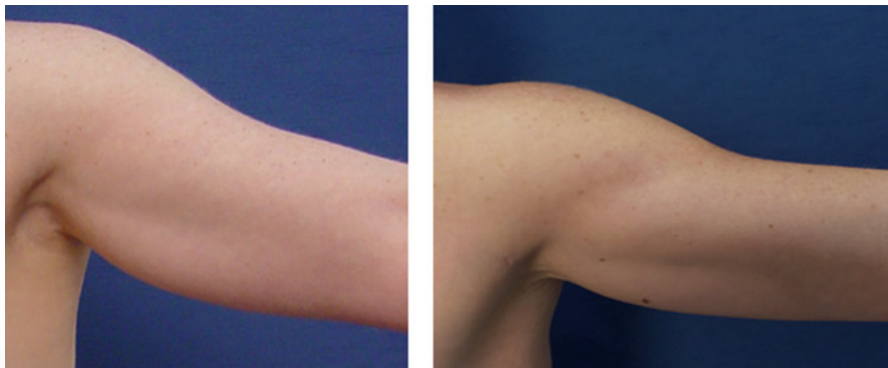
High definition sculpting goals of the arms varies between men and women. High definition arm contouring requires emphasizing masculinity for men, as defined by strong biceps, prominent deltoids, and bulky triceps on the back side of the arm. Men desire a “Popeye” looking arm with bulky muscles and strong definition. In contrast, women desire a sleek looking arm with soft highlights, achieved with elimination of all underarm fat and skin redundancy.

Whereas traditional liposuction could be used to remove underarm fat, it could not be used to sculpt the muscles. Muscle sculpting in the arms can be achieved by defining the anterior and posterior deltoid grooves thus providing increase definition of the biceps, triceps, and deltoids. VASER technology now allows us to optimize arm contouring by providing the ability to create high definition arm results. Using VASER technology we have advanced liposuction regimens to treat the arms circumferentially and to better define the deltoids, biceps, and triceps. Muscle girth is also maximized by utilizing strategic fat grafting techniques to add volume to the deltoids, biceps, and triceps. It is critical for your surgeon to have an intimate knowledge of muscle anatomy when performing high definition arm contouring.

The addition of Renuvion skin tightening technology allows us to treat the excess skin of the under arms yet avoid potentially unattractive incision line scars associated with traditional brachioplasty. Before Renuvion technology, most arm contouring patients were in their 40-60-year range, but now we are able to offer both older and younger patients arm contouring options that avoid the surgical incision lines of a brachioplasty, i.e. arm tucking procedure. Older patients may not want invasive surgery, but they don’t want the stigma of saggy grandma arms! Similarly, younger patients desire lean looking arms, but they want to avoid surgical incision lines for these patients. Surgical incision lines and potential arm scars will make wearing short sleeve shirts inconvenient.



A 43-year-old male following VASER high definition liposuction of the arms as demonstrated by etched out anterior deltoid groove.



A 47-year-old female 3 months following VASER high definition liposuction of the arms, as seen by the defined anterior deltoid groove.



A 57-year-old female following VASER high definition liposuction and Renuvion skin tightening of the arms demonstrating elimination of under arm fat and skin redundancy with no surgical tucking.

OPTIMIZED CHEST APPEARANCE

In order to achieve high definition contouring of the male chest, we utilize a two- step approach during surgery. First, we strategically remove the breast mammary tissues. This surgery requires either liposuction and/or direct excision of the firmer disc of mammary tissues located under the nipple and areola. This firm disc like tissue is actually the male version of the female mammary glands which cannot always be removed with liposuction alone. The second component of chest contouring includes fat transfer to selected areas that will create the necessary contour changes to give a sculpted and defined armor plate look that is desired in males.

Intraoperative view demonstrating areas of debulking denoted by “-” and areas of fat transfer denoted by “+”.



To attain high definition contouring of the chest wall, we have to appreciate a patient’s muscular and bony chest anatomy. The major muscle groups include the pectoralis muscle, which creates the bulk of central chest fullness, as well as the latissimus muscle and the serratus anterior muscles.

The latissimus muscle creates the most lateral border creating a shield like border; the latissimus is bordered medially by rib cartilages and smaller interdigitating serratus muscles.

To achieve the armor plate appearance that is indicative of a masculine appearance, several factor must be established. First, the chest borders must be made bold and linear. This requires a pentagonal appearance as demonstrated above by fat grafting the borders as indicated by the “+” sign. This will create central pillars that are bordering the midline vertical sternal line. In addition, creating a linear lower border just above the inframammary crease is imperative to make the lower border of the armor plate appearance as indicated by the “+” sign. Finally, the central chest around and under the nipple and areola as well as the anterior axilla (near the origin of the arm) must be flattened as indicated by the “-“ sign. Flattening of this region will eliminate the rounded appearance that is associated with a feminized chest appearance.



A 31-year-old male following VASER high definition liposuction of the abdomen, lateral chest, flanks and back as well as fat grafting to the chest and deltoids to achieve an optimized squared chest appearance.



A 42-year-old male following gynecomastia repair to defeminize his breasts and achieve a flat chest that was the standard of male breast surgery prior to the age of abdominal etching and the newly desired masculinized chest.



A 34-year-old male following VASER high definition liposuction of the abdomen, lateral chest, pubic region, flanks, and fat grafting to the breasts to masculinize his chest appearance.

SCARLESS SKIN TIGHTENING

Scarless skin tightening™ refers to the ability to tighten the skin without the need for cutting. High definition liposuction attempts to provide transformative body contouring improvements as indicative of superior outcomes that were not previously feasible when patients presented with skin redundancy.

Using the High Definition Liposuction (HDL) Grading Scale, patients are scored based on the degree of 1) excess fat 2) redundant skin, and 3) skin texture changes. High definition liposuction surgical plans attempt to transform patients to a near perfect 9 or 10 regardless of their initial HDL scale point value! Whereas removal of fat could be accomplished with VASER liposuction, management of skin redundancy remained an unsurmountable obstacle until recently. Today, patients with redundant skin, with an HDL Body score ranging between 5 to 7 can be offered a minimally invasive skin tightening procedure thus avoiding the need for surgical excision and potential scarring.

Skin redundancy is a definite concern for high definition liposuction surgeons since VASER liposuction is more aggressive in removing fat than traditional liposuction. Intuitively when you remove more fat, you will be left with more skin! This is a bigger concern in older patients desiring body contouring. After the age of 45, skin can lose elasticity (meaning its recoil potential) as levels of the recoil protein “elastin” become depleted. Traditionally skin tightening has required surgical cutting out of redundant skin. However, the advent of Renuvion skin tightening now allows for elimination of minimal to moderate skin redundancy without the need for surgical incisions and potential scars. Renuvion is able to heat up the collagen in your skin to tighten it (called subdermal coagulation), like shrink-wrap. When HD VASER liposuction is coupled with Renuvion technology, several concern areas that were previously untreatable can now be treated optimally. Please make a consultation with one of our high definition liposuction surgeons to appreciate the improvements that you could expect.



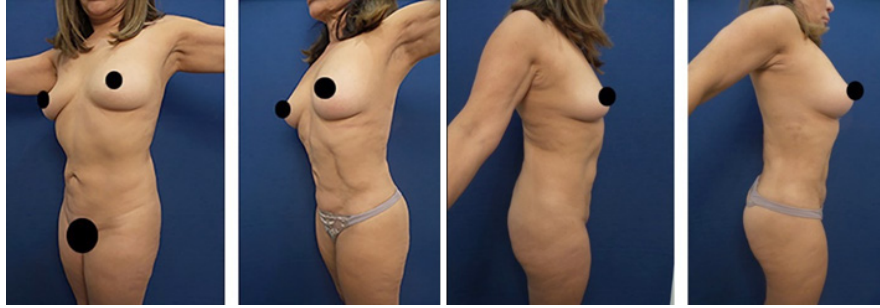
A 57-year-old female following VASER high definition liposuction and Renuvion Scarless Skin Tightening of the arms with no surgical tucking.



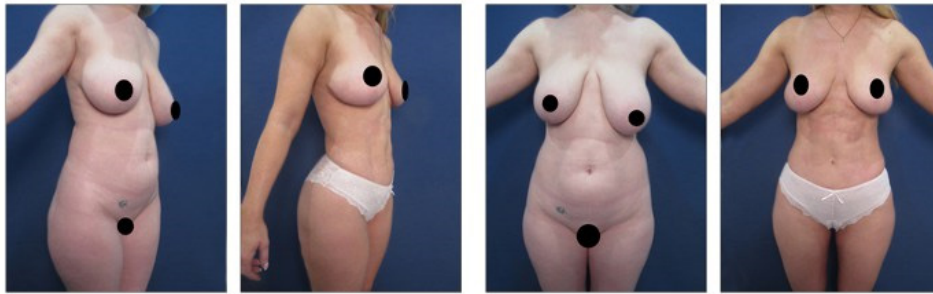
A 28-year-old female following VASER HD liposuction of the abdomen, flanks, lateral thighs, and lower back, coupled with Renuvion skin tightening of the flanks to eliminate back rolls.



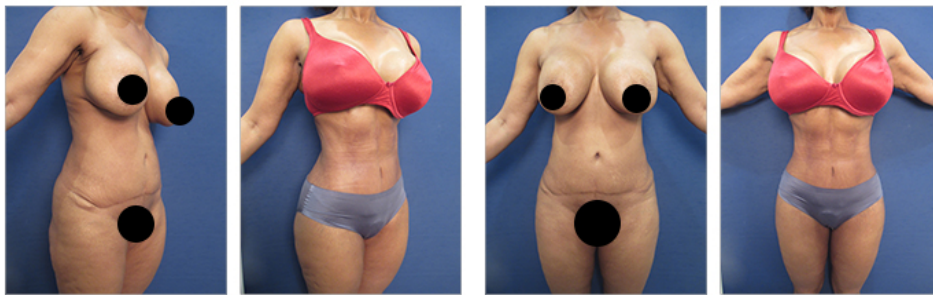
A 65-year-old female following VASER high definition liposuction of the abdomen, medial and lateral thighs, flanks, and lower back with Renuvion skin tightening of the thighs demonstrating significant reduction of cellulite appearance.



A 60-year-old female following VASER high definition liposuction to the abdomen, back, flanks and BBL and Scarless Skin Tightening using Renuvion technology.



A 38-year-old female who experienced true high-definition liposuction with a breast lift and Renuvion scarless skin tightening

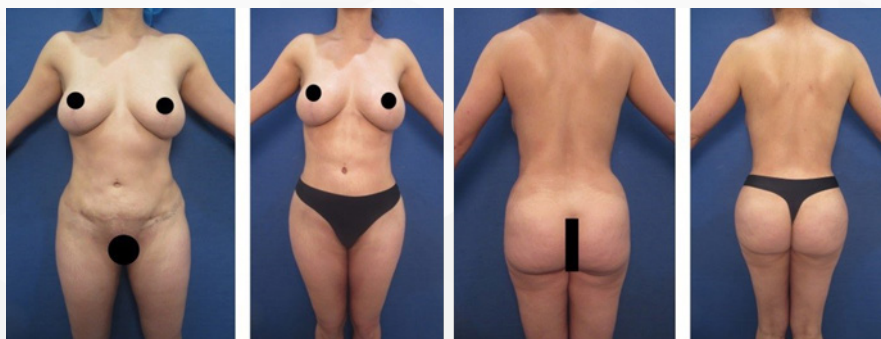


54-year-old patient benefitting from Renuvion J plasma skin tightening

REVISION OF BODY CONTOURING COMPLICATIONS

Traditional liposuction results have been plagued by limitations in degree of fat removal. Universally, the fat under the skin is divided into two layers, the superficial and deep planes. The superficial fat is located just beneath the skin and held in a dense fibrous network made up of structural supportive pillars called retaining ligament; this layer is not amenable to reduction using traditional liposuction techniques because the retaining ligaments do not allow for the entry and free movement of the fat removing cannulas. In contrast, the deep fat is located just above the muscles and under the superficial fat layer above and is held in a loose “areolar” plane that is void of tight structural fibrous network; this layer only is amenable to fat removal using traditional liposuction techniques as it allows for the entry and free movement of the fat removing cannulas.

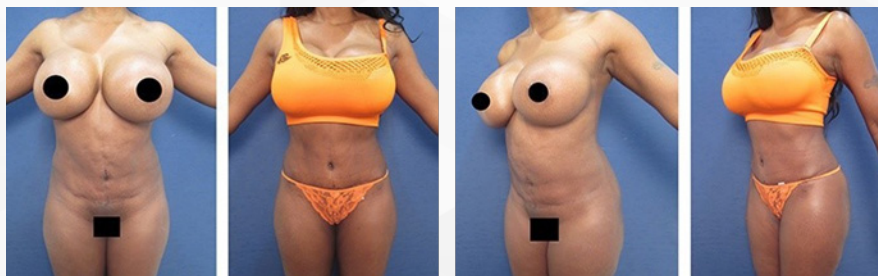
There are two common reasons for observed botched liposuction cases involving contour irregularity. The first is caused by the novice liposuction practitioner who is not able to completely eliminate the deep fat layer. This usually results in a wavy or asymmetric appearance in body contour caused by removing more of the deep fat from one side than the other. The second is caused by the cavalier surgeon, who tries to push the threshold of traditional liposuction by attempting to remove superficial fat. Unfortunately, the solid cannulas cannot uniformly penetrate this layer due to the retaining ligament pillars discussed above, and thus divots are created. This botched result often occurs over the abdomen and has been termed the “checker board” abdomen which is riddled with extensive divots throughout.



A 35-year-old female after VASER high definition liposuction of the abdomen, flanks, back and BBL.

In contrast, VASER liposuction allows for use of an ultrasound probe that emulsifies the fat into a liquid form in both the deep but as well as the superficial layer; once in a liquid form, the fat can be drained comprehensively from both the superficial as well as the deep layers. Since both layers can be comprehensively removed, VASER technology is the single most popular modality that allows for revision of all contour irregularities regardless of whether the deformities involved inappropriate or uneven removal of deep and/or superficial fat layers.

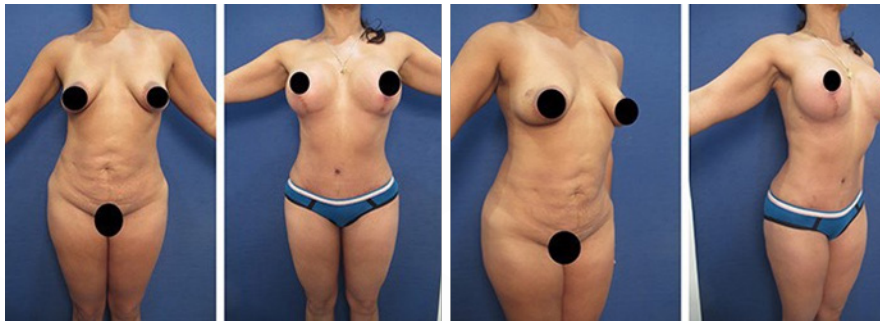
In addition, the ultrasound power of the VASER probe is the ONLY technology that allows for removal of any and all scar tissue that have formed from prior liposuction procedures. Creation of scar tissue has become most evident in a contour deformity, termed paradoxical adipose hyperplasia (PAH), that has been observed in cryotherapy (CoolSculpting) patients. Patients that undergo Cool Sculpting end up freezing the superficial layer of fat which can improve your contour. Unfortunately, if weight gain occurs after the procedure, patients may notice paradoxical growth of fat bulges in the areas of cryo treatment, coined PAH. The only viable solution for these patients is to use VASER liposuction to remove not only any residual superficial fat, but also subsequent scar tissue and all of the deep fat so that it cannot regrow and bulge out again. Moreover, any residual skin redundancy or irregularity observed after removal of the fat from the above bulges can be corrected using the Renuvion skin tightening tool. If you have undergone a botched liposuction procedure, we encourage you to make a consultation with one of our specialists to see how VASER high definition liposuction can help you definitively correct your deformities and regain your outer beauty.



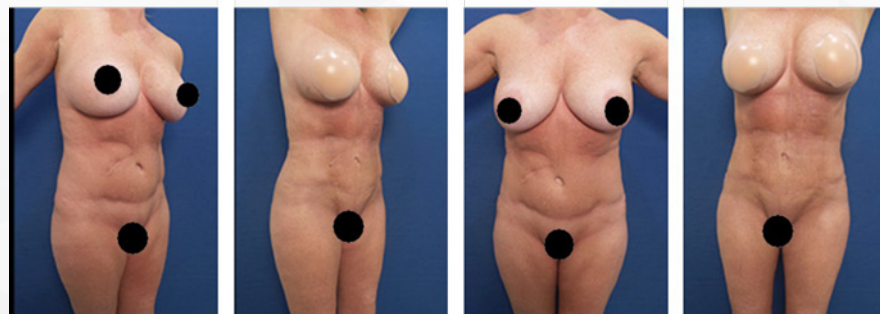
A 44-year-old female following VASER high definition liposuction of the abdomen, flanks, back and BBL, and Renuvion skin tightening with a full tummy tuck to complete her HD body contouring revision.



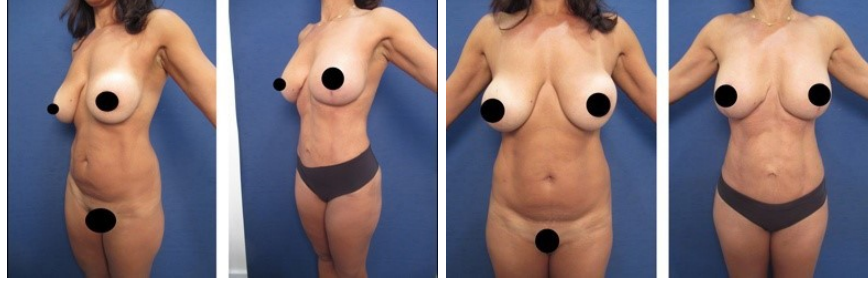
A 53-year-old male after VASER high definition liposuction of the lower back, abdomen and flanks to correct PAH deformity.



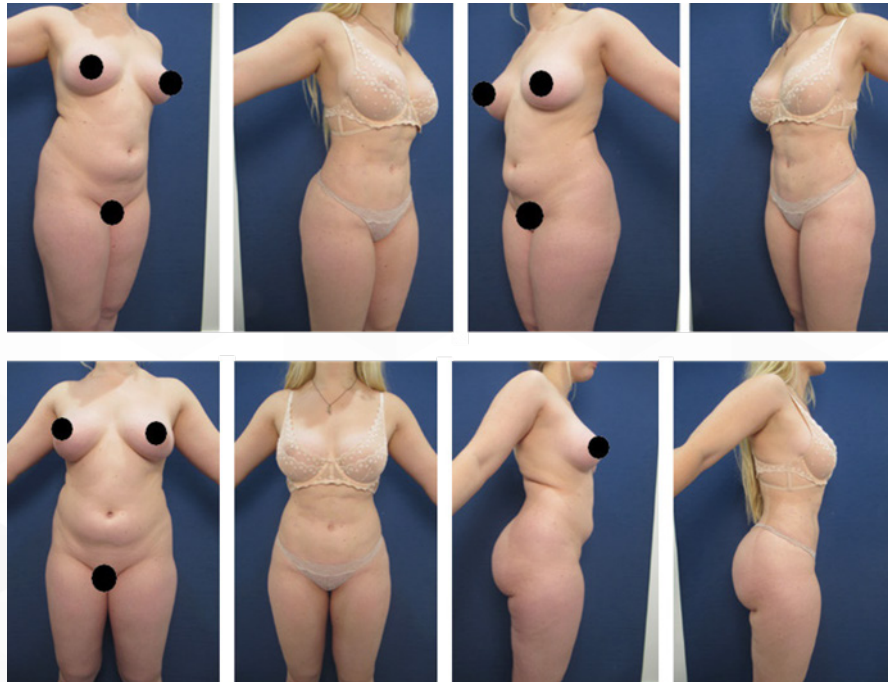
A 63-year-old female following VASER high definition liposuction of the abdomen, flanks, upper back, lower back, and lateral thighs, full abdominoplasty with muscle plication, as well as breast lift with implants and BBL with fat grafting to the buttocks to correct prior contour deformities.



A 49-year-old female following VASER high definition used to correct contour irregularities created from prior contouring procedures.



A 49-year-old female following VASER high definition liposuction of the abdomen, flanks, back, BBL, breast lift with implant replacement, mini tummy tuck and Renuvion skin tightening to correct various contour irregularities from prior surgery.



A 21-year-old female following VASER high definition liposuction to treat contour irregularities of the abdomen and flanks.

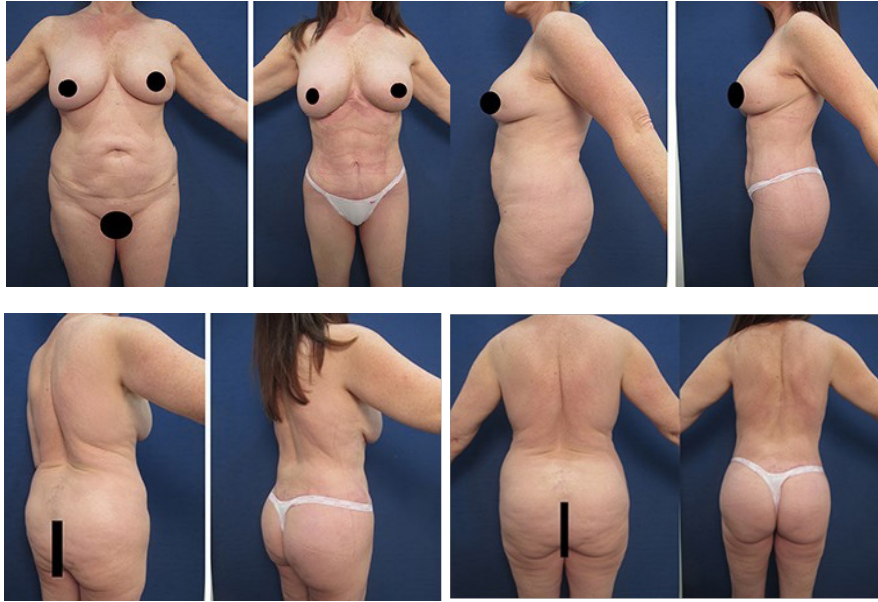
BEFORE AND AFTER GALLERY: 360 BODY CONTOURING



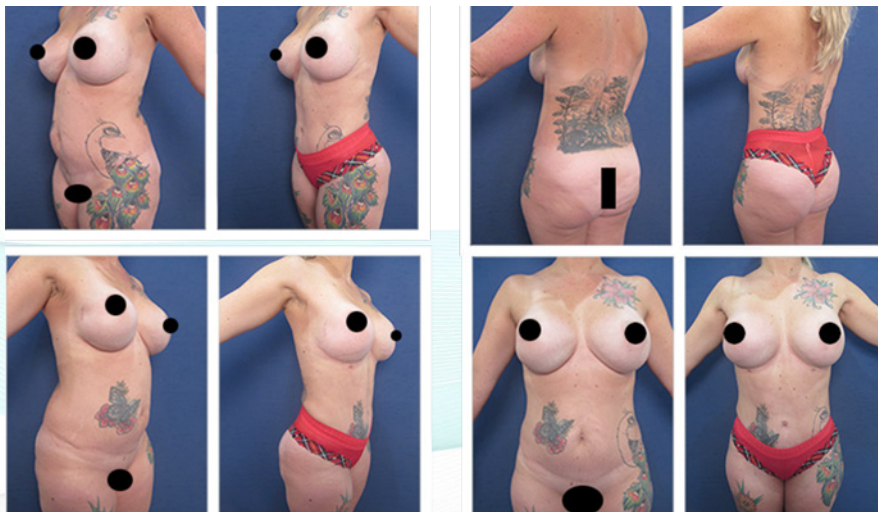
A 23-year-old female following VASER high definition liposuction of the abdomen and flanks. The patient demonstrates a jump from 8 to 9-10 points.



A 39-year-old female following VASER high definition liposuction of the back, flanks, abdominoplasty and bilateral breast lift and implant augmentation. The patient demonstrates a jump from 7 to 9-10 points in the back and a 3 to 7-8 points in the front.



A 62-year-old female following VASER liposuction and Renuvion skin tightening of the abdomen, back and flanks. The patient demonstrates a jump from 6 to 9-10 points.



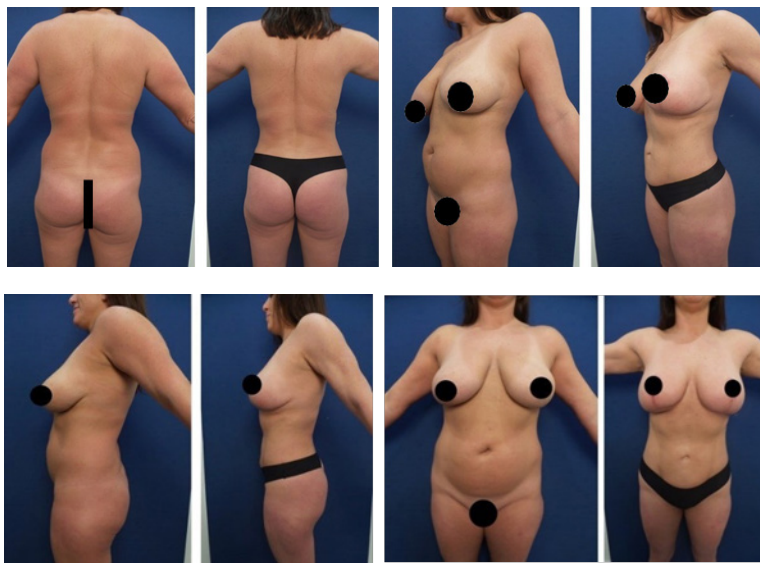
A 43-year-old female following VASER liposuction and Renuvion of abdomen, thighs, flanks, back, fat grafting to the buttocks, and mini tummy tuck and bilateral breast reconstruction revision. This patient demonstrates a jump from a 5 to 9-10 points



A 42-year-old female following a mini tummy tuck, VASER high definition liposuction and Renuvion skin tightening and BBL. The patient demonstrates a jump from 5 to 9-10 in the front and from a 7 to 9-10 points in the back.



A 23-year-old female following VASER high definition liposuction of the abdomen, flanks, thighs, back, and BBL. This patient demonstrates a jump from 8 to 9-10 points.



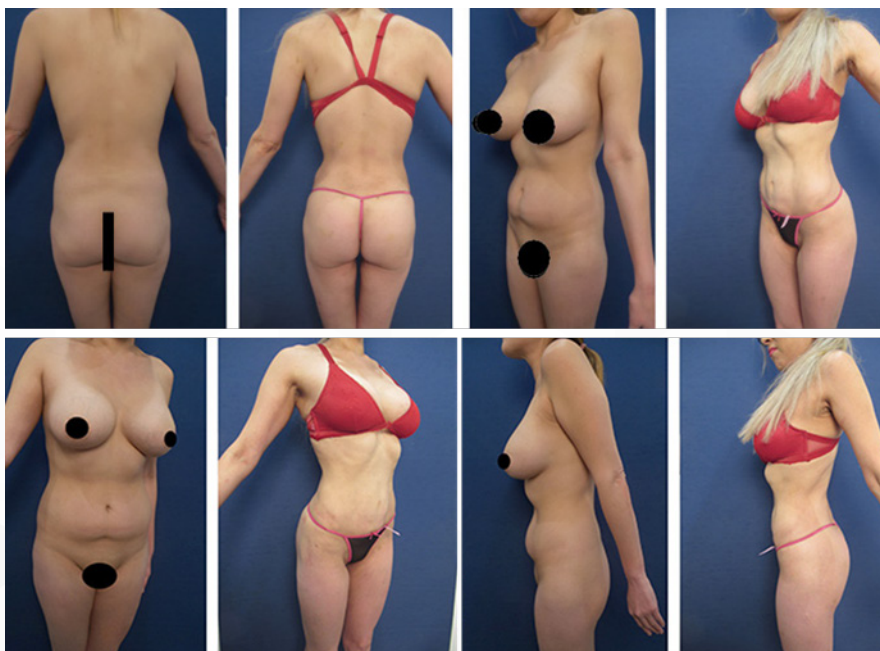
A 33-year-old female following VASER high definition liposuction of the abdomen, back, flanks, medial and lateral thighs, and fat transfer to buttocks, and mini tummy tuck. This patient demonstrates a jump from 5 to 9-10 points in the front and from 7 to 9-10 points in the back.



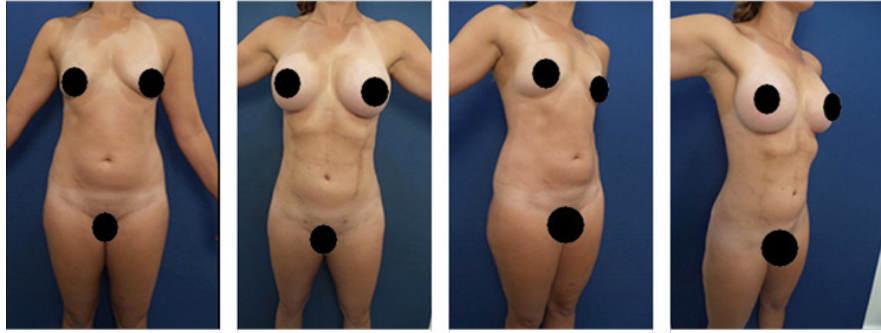
A 39-year-old female following VASER high definition liposuction of the flanks, lateral thighs, and lower back and breast revision and abdominoplasty. The patient demonstrates a jump from 5 to 9-10 points in the front and 7 to 9-10 points in the back.



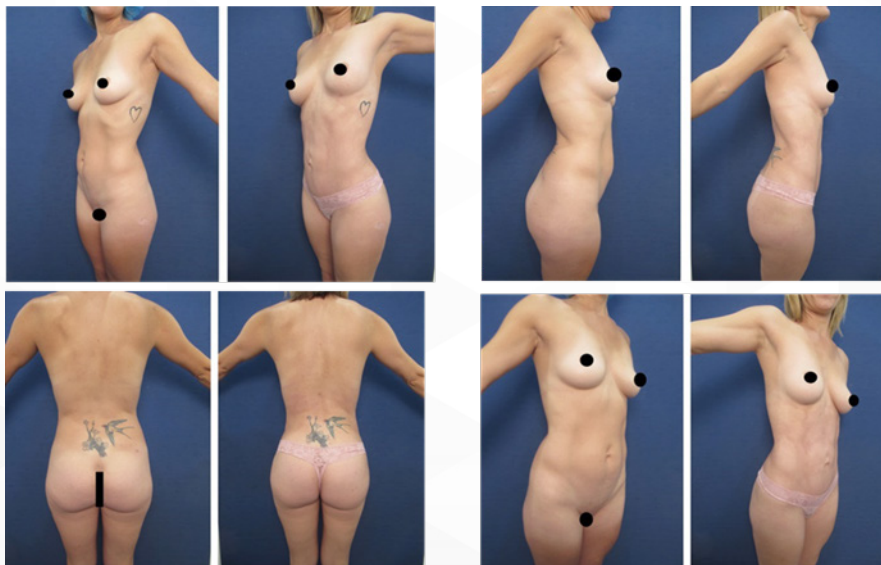
A 26-year-old female following VASER high definition liposuction of the upper back, mid back, lower back, flanks, lateral thighs, and fat grafting to the buttocks. The patient demonstrates a jump from 7 to 9-10 points.



A 26-year-old female following VASER high definition liposuction of the medial and lateral thighs, upper and lower back, and abdomen to transform her body. The patient demonstrates a jump from 8 to 9-10 points.



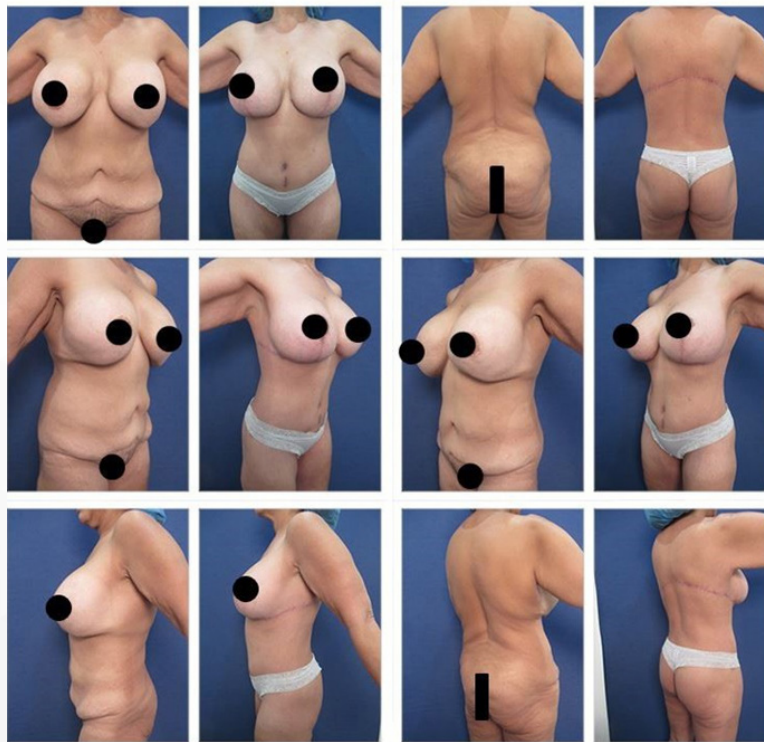
A 31-year-old female following VASER high definition liposuction of the abdomen, back, flanks, medial and lateral thighs, and fat transfer to buttocks, and bilateral breast augmentation with silicone implants. The patient demonstrates a jump from 8 to 9-10 points.



A 37-year-old female following high definition liposuction of the medial thighs, abdomen, back, flanks, lateral thighs, and fat transfer BBL and a mini tummy tuck. The patient demonstrates a jump from 5 to 9-10 points in the front and an 8 to 9-10 points in the back.



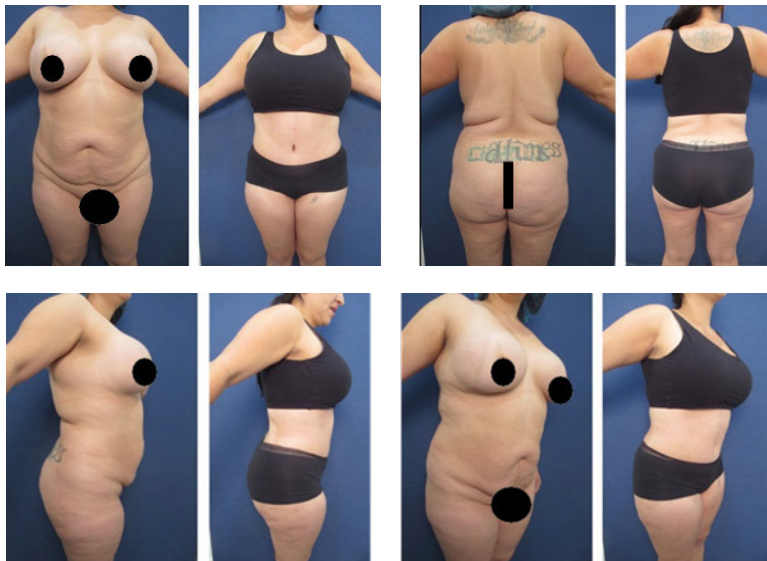
A 37-year-old female following VASER high definition liposuction of the abdomen, arms, neck, medial thighs, lateral thighs, pubic region, flanks, back, lateral chest, pubic mound, BBL, and breast lift. The patient demonstrates a jump from 7 to 9-10 points.



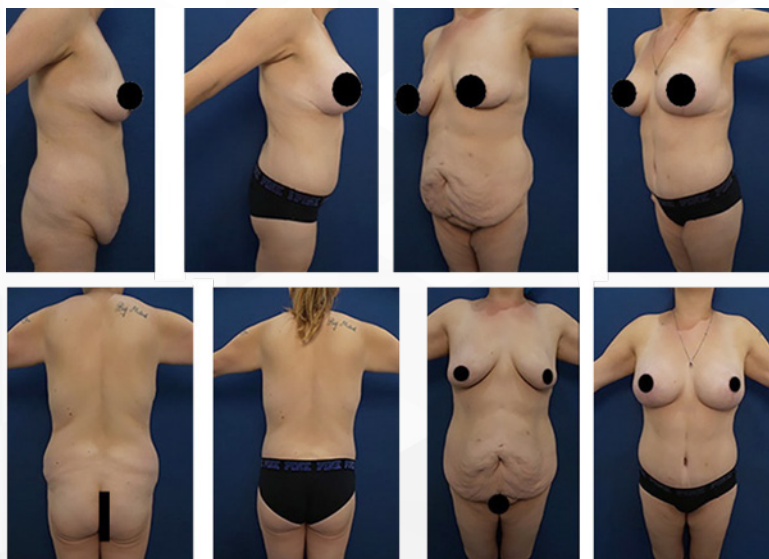
A 51-year-old VASER liposuction of flanks, lower back, middle back, upper back, abdominoplasty with muscle plication, upper body lift, lower body lift, and bilateral breast surgery, BBL. The patient demonstrates a jump from 3 to 7-8 points in the front and a 5 to 9-10 points in the back.



A 27-year-old female following a full tummy tuck and VASER high definition liposuction to the middle and lower back, flanks, and BBL. This patient demonstrates a jump from a 4 to a 7-8 in the front and a 6 in the back to 9-10 points.



A 35-year-old female following high definition VASER high deflection liposuction of the flanks, lower back, upper back, fat grafting to the buttocks, (BBL), and abdominoplasty with muscle plication. This patient demonstrates a jump from a 3 to a 7-8 in the front and a 6 in the back to 9-10 points.



A 35-year-old female following extended tummy tuck and lateral thigh and buttocks tuck, bilateral breast lift and augmentation, VASER liposuction of the flanks and lower back and BBL. This patient demonstrates a jump from a 2 to a 7-8 in the front and a 6 in the back to 9-10 points.

FULL SPECTRUM HIGH DEFINITION LIPOSUCTION CENTERS

To ensure optimum high definition liposuction results, it is critical to choose a surgeon that offers a full spectrum high definition liposuction body contouring center. SurgiSculpt™ centers offer state of the art equipment such as the Renuvion skin tightening and ablative tool as well as 3rd generation VASER liposuction tool. Operating rooms should be certified by the state to ensure a safe operative and postoperative recovery experience. In addition, our centers provide experienced patient coordinators who can guide you through this important journey. At SurgiSculpt, we design a comprehensive and customized surgical plan and step by step guidance that will ensure your seamless journey. This program is called the Perfect Change Program, and will help you:

- ✔ Learn how to prepare for surgery and minimize preoperative anxiety
- ✔ Learn how to optimize your healing ability with preoperative nutrition
- ✔ Learn how we avoid operative and postoperative anesthesia nausea and grogginess
- ✔ Learn how we ensure comfort, making your surgery virtually pain free
- ✔ Learn how we customize your surgery so that it is tailored to achieve your goals
- ✔ Learn how we can make your plastic surgery journey seamless

Also, you may speak to prior patients who have undergone the same procedures as you are considering through the Perfect Change Program. Remember to ask your patient coordinator about this unique and valuable service. Finally, our high definition liposuction centers provide proprietary anatomic muscle highlight preservation lymphatic message accommodations. Serial lymphatic massages are provided to every high definition liposuction patient and are critical to preserve contour improvements created.

Lymphatic messages are important because fat is first melted with VASER ultrasound energy prior to removal. Even though 90% of the fat is removed, the remaining 10% must be drained during the 1st two weeks following surgery so that it does not accumulate in the gullies created that are responsible for the unveiling of muscle highlights. This advancement in lymphatic messages has been coined anatomic muscle highlight preservation.

In addition, as you begin to stand up and walk, the liquified fat may accumulate over dependent areas such as the pubic region and the central lower back. This liquid fat must be removed judiciously through lymphatic messages so it does not create bulge deformities. Fortunately, after 7 to 14 days, the residual, liquified fat converts back to a solid form as your body contours become permanent.

As a result, patients are seen daily or every other day for the first 7-14 days following your surgery. Our experienced masseurs routinely perform an hour to hour and half that includes drainage of fluid and muscle desensitization during your message. Frequent and close follow up is our commitment to you and paramount to achieving your transformative results.



(888) 919-0054 | info@SurgiSculpt.com